



Seal of the University of Southern California

Wednesday, April 7

**A Lustigman Quality Project**  
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## The weather at major Swissair destinations

April 6, 1982

	MIN.	MAX.	
AMSTERDAM	7	15	Clear
BRUSSELS	4	10	Clear
BUEENOS AIRES	16	27	Cloudy
CHICAGO	-3	27	Clear
COPENHAGEN	3	27	Clear
FRANKFURT	5	21	Clear
GENEVA	8	19	Clear
Helsinki	0	22	Clear
HONG KONG	18	22	Clear
JOHANNESBURG	9	21	Clear
LONDON	11	22	Clear
MADRID	10	20	Clear
MONTREAL	12	20	Clear
NEW YORK	3	27	Clear
OSLO	1	4	Clear
PARIS	11	22	Clear
RIO DE JANEIRO	23	33	Clear
SAO PAULO	23	33	Clear
STOCKHOLM	13	20	Clear
TOKYO	5	14	Clear
TORONTO	10	14	Clear
VIENNA	8	19	Clear
ZURICH	2	10	Clear

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## THE WEATHER

Forecast: Partly cloudy with rising temperatures.

	Yesterday's	Yesterday's	Today's
	Humidity	Min-Max	Max
Jerusalem	58	7-15	15
Golan	73	7-15	15
Nahariya	62	9-20	20
Safed	58	7-13	13
Haifa Port	63	13-19	19
Tiberias	64	8-22	22
Nazareth	34	9-18	18
Afula	49	9-22	21
Shimon	61	8-17	17
Tel Aviv	59	14-20	20
B-G Airport	55	8-20	21
Jericho	41	10-24	24
Gaza	62	11-19	19
Beer Sheva	49	8-19	19
Eilat	21	12-27	27

## SOCIAL & PERSONAL

World WIZO President Raya Jaglom yesterday addressed the Women's International Club in Herzliya, chaired by Sallie Lewis, wife of the U.S. ambassador.

The names of Julia and Leo Forchheimer will be added to those inscribed on the wall of the benefactors' garden at the Shaare Zedek Medical Centre in Jerusalem, on Friday, April 9 at 10 a.m., in the presence of Julia Forchheimer and the friends of the late Leo Forchheimer. All friends are cordially invited.

Rabbi Moses Cyrus Weiler, senior lecturer in rabbinic literature at Hebrew Union College-Jewish Institute of Religion, was honored in a ceremony at the Jerusalem campus on Sunday night, on the occasion of his 75th birthday.

This year's \$5,000 prize in memory of the late Rav-Aluf Mordechai Maklef has been awarded to a team of researchers at the Dead Sea Works which developed an energy-saving method of producing potash.

Shlomo Tanni has been re-elected for the fifth time to chair ACUM, the Association of Composers, Authors and Music Publishers in Israel.

# HOME & WORLD NEWS

Wednesday, April 7, 1982 The Jerusalem Post Page Two

## 'Shadow' Yamit municipality formed by Sinai activists

By MOTTI BEN-YANAI  
Jerusalem Post Reporter

YAMIT. — The Stop the Withdrawal in Sinai movement yesterday organized a "shadow municipality" to provide the town's new population of protesters with such services as water, garbage collection, street cleaning and a quasi police force.

This followed the government's decision not to evict movement activists until after Pessah and the decrease in violence in the area.

But Yamit's new order began its rule with a clash between the town council and members of the neighbouring Eshkol council, from the Israeli side of the Green Line. Eshkol council workers arrived in Yamit to collect 50 large wheeled garbage containers from the town, with the permission of the official Yamit evacuation committee.

The "officials" kicked out the Eshkol workers. Yamit has also been separated into 12 quarters by the new

municipality, each named for one of the Twelve Tribes.

Meanwhile, nearby at Kibbutz Kerem Shalom, giant cranes raised into position an exact copy of the Yamit war memorial tower, which anti-withdrawal activists have refused to allow to be moved.

In the original memorial — which has been stripped of its plaques and is no longer recognized by parents of the fallen soldiers as a memorial site — about 25 activists are refusing to budge. They are led by former student leader Tzahi Hanegbi, son of Tebiya MK Goula Gonen.

In Rafah yesterday, the division of the town was completed when the IDF set up barricades along the new border line. Although local residents may cross freely, Israeli citizens require a special permit to pass.

Residents on the soon-to-be Egyptian side returned their Israeli identity cards in exchange for forms to be submitted soon to the Egyptian authorities.

## Yamit prepares for last seder

By MOTTI BEN-YANAI  
Jerusalem Post Reporter

YAMIT. — Members of the Movement Against the Withdrawal in Sinai yesterday completed preparations for Pessah hoping that this would not be the last holiday to be celebrated here.

There are to be three main seder ceremonies tonight in the town. The largest is to be held for about 2,000 people at the foot of the town war memorial. The second is to be held by the Bnei Akiva religious youth movement for about 1,000 youngsters. The third is to be held at the motel for its residents and members of Rabbi Meir Kahane's Kach

group, who are expected to emerge from their fortified bunker for the occasion.

In addition to the public ceremonies, remaining veteran settlers will hold what they assume will be their last seder in Yamit. Anti-withdrawal activists expect up to 5,000 additional protesters to join their ranks in the town during the holiday.

Despite the refusal of Defence Minister Ariel Sharon to permit IDF units to participate in units in local ceremonies, individual soldiers will apparently be free to accept invitations to a seder in Yamit.

## Pessah feast begins tonight

Jerusalem Post Staff

Businesses and government offices close earlier than usual today so that workers can get home to make last-minute preparations for the seder of Pessah, the seven-day holiday of freedom, which begins tonight.

According to the rabbis, leaven may be eaten until 9:02 this morning, and all remaining leaven that has not been symbolically sold to a non-Jew for the duration of the holiday must be burnt by 10:21 a.m.

President Yitzhak Navon and his family will attend a seder in the Jerusalem residence of Ashkenazi Chief Rabbi Shlomo Goren, while Prime Minister Menachem Begin will make a seder at home.

Thousands of new immigrants will attend central seders in absorption centres and army bases organized by the Jewish Agency and the Absorption Ministry. Habad hassidim by the hundreds will conduct seders in hospitals, prisons and army camps. They will also organize them in Vienna and Rome for Russian Jewish emigrants, emphasizing "Next Year in Jerusalem," the traditional call near the end of the seder, and among Israeli emigrants in the U.S.

Soldiers manning roadblocks on the way to Yamit and deployed in other outlying positions were supplied with special Pessah rations containing gefilte fish, grape juice and matzot to conduct the seder themselves.

But in other units the IDF chaplain's staff and volunteers will conduct seders. In contrast with previous years, there will be no central seder to which hundreds of guests are invited.

Soldiers required to remain on duty are allowed to invite their immediate families if they have nowhere else to celebrate the seder, a senior chaplaincy officer said.

All Magen David Adom stations will be manned and in full preparedness. The volunteers there will not only miss the family seder, but according to regulations, are not allowed to drink even one of the traditional four cups of wine at the ceremony. An MDA spokesman said that stations where many travellers are expected, such as Tiberias, Eilat and Jerusalem, will be on special alert.

More than 100,000 people flew to Israel for Pessah, Ben-Gurion Airport director Israel Hod estimated yesterday. The highest number of tourists and returning Israelis arrived last Sunday, when some 18,000 people flew in on 57 planes.

He estimated that a record 20,000 people will leave Israel on April 18, immediately after Pessah, when some 60 flights are scheduled to depart.

## Maccabi TA down

Hapoel TA 89-73

Maccabi Tel Aviv last night defeated Hapoel Tel Aviv 89-73 in the national basketball league playoffs, before 2,000 spectators in Tel Aviv. Maccabi led 37-36 at the half.

High scorers for the winners were Berkovitz, 29. Perry, 24, and Silver, 22. Hapoel high scorers were Levinsky, 19. Merfer, 12, and Walker, 12.

## Rumanian sailor asks

for asylum in Israel

EILAT (Ilim). — A Rumanian seaman, 24, last Thursday jumped ship in Akaba and swam here, where he is seeking political asylum. Eilat police commander Rav-Pakad Moshe Caspi refused to divulge further details.

## Search for girl's killer

problem of not knowing the motive for the murder. It's as simple as that. No one — except for the murderer himself (or herself) — knows why the slight, brown-haired fifth grader was killed.

Former sexual offenders are being brought in for questioning, but even this routine bit of police work presents difficulties for the investigators. Mentally disturbed criminals, the source says, are not the easiest type to get answers out of.

A terrorist attack, with Nava the random victim, is not being discounted, but the source stresses that there are no clues substantiating such a hypothesis.

Kidnapping has also been eliminated, since no ransom demand was made. A break in the case may come from abroad, however. Scotland Yard laboratories in London are using ultra-modern scientific methods to try to turn up a clue that would give the investigation a badly needed boost. Police have asked the news media not to elaborate on this.

The grisly murder — though the first of its kind involving a child in Israel — nevertheless has invited comparison to the fatal kidnapping two years ago of eight-year-old Oron Yarden.

But the two cases are very different from one another. Yarden was kidnapped, and a ransom demand made the same day established a motive and a line of investigation police could pursue. Zvi Gur, the Savoyon boy's killer, was caught 20 days after the kidnapping

thanks to a lucky break: A sharp-eyed bank clerk taking a cash deposit from the former artist noticed the bills' serial numbers matched those on a list received from police of the IS200,000 ransom money Oron's father had paid.

But though the cases are not alike, police have been applying tragically learned lessons from the Yarden kidnapping to Nava's murder.

Perhaps the most significant one lies in the fact that this time around, police did not obtain a court order prohibiting publication of Nava's disappearance, as it did when the boy was kidnapped.

Evidence later showed that the boy was killed a day before the public was told that it should be on the lookout for him.

News of Nava's disappearance appeared in the press, together with her picture, the day after she was last seen two blocks from the friend's house she was walking to.

But the publicity did not help. No one along the three routes she could have taken to her friend's apartment reported having seen her and from an examination of the remains that have surfaced, police believe she was killed shortly after she disappeared.

A 40-man special squad is investigating Nava's murder. Tel Aviv police chief Nitzav Avraham Turgeeman has been attending the nightly think sessions at the Bat Yam police station. His presence underlines the unrelenting effort being put into tracking down the killer.



Among the bargains available at this North Sinai Beduin market near Yamit are paving stones, lintels and windows from evacuated Israeli settlements. (IPPA)

## Anabta mayor found guilty of violating town arrest

By DAVID RICHARDSON  
Jerusalem Post Reporter

The mayor of the West Bank town of Anabta, Wahid Hamdala, was found guilty yesterday by a military court in Tulkarm of twice violating military orders confining him to his town, and of the illegal possession of banned literature.

The court has delayed handing down sentence, but under Jordanian law, the military authorities can dismiss Hamdala from his position as mayor.

Hamdala was detained after he was found in El-Bireh three weeks ago, following the dismissal of that town's mayor and municipal council. He has been under town arrest for the past two years. Security forces discovered that he was carrying a copy of *Al-Hurriya*, the organ of the Democratic Front for the Liberation of Palestine headed by Nayif Hawatma.

Some 18 months ago, Hamdala was detained after he left his town without permission to visit a dying relative. But at the time, charges were not brought against him.

During yesterday's hearing Hamdala argued that he had received the magazine *unsolicited* through the mail. To prove his point, he showed the court a sealed envelope posted

in Vienna which he received recently but had not opened. When it was opened in court, it was found to contain a publication of the Syrian Muslim Brotherhood.

In another development, the editor of the East Jerusalem daily *Al-Kuds*, Mahmoud Abu Zulf, received a letter warning him to refrain from printing notices of resignation from the controversial village leagues.

The letter, written in poor Arabic, referred to the "village leagues in Israel" or in "Judea and Samaria," and was illustrated with crude copies of the Israeli flag and the Star of David.

Abu Zulf said that the censor has recently prevented him from printing at least 10 announcements from people declaring their withdrawal from the leagues. The rash of withdrawals follows last month's Jordanian military order threatening members of the leagues with treason proceedings unless they withdraw.

The one-month ultimatum stipulated in the Jordanian order expires this Friday. To date, at least 50 persons are estimated to have published notices stating their withdrawal, and others have let the Jordanian authorities know in other ways.

## Kimche to Egypt for Seder

By BENNY MORRIS  
Post Diplomatic Reporter

Foreign Ministry Director-General David Kimche leaves today for an official visit to Egypt, and will celebrate the Seder with the Israeli Embassy staff in Cairo.

A ministry spokesman said the visit will last "several days" and Kimche will meet Egyptian Foreign Ministry officials, possibly including Minister of State for Foreign Affairs Boutros Ghali. The talks will focus on routine matters, including normalization of relations between the two countries in various spheres, said the spokesman.

Government officials last night said that "no date has yet been set" for Defence Minister Ariel Sharon's visit to Egypt, decided upon by the

cabinet last Sunday.

Sharon was due to go to Egypt last week to discuss the remaining border demarcation problems, particularly at Taba, south of Eilat, but the visit was "postponed indefinitely," Sharon said at the time that his duties left him no time to make the trip.

But observers said that Sharon's postponement was due to dissatisfaction with the Egyptian stand on the border disputes.

It has been learned that Sharon is reluctant to make the trip to Egypt until "some preliminary problems" of the negotiation have been cleared up, leaving him with the task of negotiating an agreement on the major demarcation problems at issue.

## BEGIN, LABOUR

(Continued from Page 1)

present arrangement which entitles a party to a minister for every three MKs, the number would rise to six MKs per minister. That would mean only one minister for the National Religious Party and none for Tami. However, executive members, who met to discuss the fall municipal elections, admitted they do not take the possibility of a national unity government as likely in the foreseeable future.

Meanwhile, Dimona mayor and Labour MK Jacques Amir, in whose presence Begin made his offer, says it "was not a planned trap for Labour, but something inspired by the occasion. I told Begin how I have always had a wall-to-wall coalition in our municipal council, and how beneficial this was for

Dimona. Begin was impressed and said I have inspired him to make an important announcement."

Labour's Alignment partner Mapam was unhappy yesterday about the talks between the Labour leadership and Begin. The party protested that Peres had accepted Begin's invitation without first seeking Mapam's advice. Mapam further protested that its leader Victor Shemtov was not invited. The party would not be bound by whatever Peres and Begin had discussed, Mapam said.

Peres responded arguing that "Labour is a party and is fully within its rights to talk to whoever it sees fit. I can meet whomever I meet. Both Mapam and Labour have the right to separately maintain our contacts."

We deeply mourn the passing of our dearest husband, father, and grandfather

## MOSHE YUVAL

The funeral will leave from the Ministry for Foreign Affairs in Jerusalem to Givat Shaul Cemetery today, April 7, at 10.00 a.m.

Tamar Yuval,  
Neomi and Yoram Sender  
and grandchildren  
Boaz Yuval and the family

YAD VASHEM Heroes and Martyrs Memorial Authority  
mourns the death of the Deputy Chairman of the Authority

## Ambassador MOSHE YUVAL

The funeral will take place today, Wednesday, April 7, leaving at 10 a.m. from the plaza at the Ministry of Foreign Affairs, Jerusalem, for Har Hamenuhot.

The Directorate and Staff

To Roda Migdal

Our sincere condolences on the death of your

## Mother

N. Feldman and Son Ltd.

## ARGENTINA

(Continued from Page 1)

Falkland (Malvinas) Islands and rallying internal political support.

Official sources said civil defence committees in Argentina's southern coastal towns were preparing for possible attack by a powerful British fleet that sailed for the South Atlantic on Monday.

Interior Minister Alfredo St. Jean met leaders of Argentina's main political parties, all of which have been banned since the armed forces seized power in 1976.

Argentine Foreign Minister Nicanor Costa Mendez told the Organization of American States at a meeting in Washington Monday night that his government is considering invoking the Inter-American reciprocal assistance treaty of 1947. It calls for the signatories to respond to an attack on any American state as though it were an attack on themselves. Both the U.S. and Argentina are signatories.

The State Department had said earlier, however, that it was "premature" to declare whether the U.S. would feel obligated to support Argentina under the pact.

As the political storm gathered in Britain over Thatcher, the assault ship *Fearless* sailed to join a British naval force of 36 vessels bound for the Falklands.

The Labour Party gave Thatcher a rough ride during the heated 15-minute question time in the House of Commons, frequently jeering and interrupting her.

Labour left-winger Bob Cryer noted that U.S. President Ronald Reagan had called for a peaceful solution of the crisis and suggested that the American leader should be met by a new prime minister when he visits Britain in June.

Thatcher seized the opportunity to say she would welcome Reagan or any other mediator securing a peaceful settlement.

But the Foreign Office yesterday continued to deny that Britain had asked for outside mediation. Reagan, at Thatcher's behest, had telephoned Argentine President Leopoldo Fortunato Galtieri to try to head off the Argentine seizure of the disputed islands off South America last Friday.

Reagan said on Monday night that the U.S. was in a difficult position because it was friendly to both Britain and Argentina. "What we hope for, and would like to help them have, is a peaceful resolution of this crisis," he said (Reuters, AP).

(Related Stories — Page 4)

## Jewish official named

to U.K. Foreign Office

Jerusalem Post Correspondent LONDON. — Prime Minister Margaret Thatcher has appointed a Jewish official as a Foreign Office minister in the government reshuffle in the wake of the Falklands crisis.

The minister is Malcolm Rifkind, who replaces Lord Trefgarne as parliamentary under-secretary of state at the Foreign Office. Rifkind, 35, and his wife are prominent members of the Edinburgh Jewish community.

The World Wizo Movement in Israel and throughout the world share the grief of their dear friend and colleague

Anita Jamitovskiy

member of the World Wizo Executive on the tragic passing of her husband

## Dr. MARCOS JAMITOVSKY

and extends condolences to the bereaved family.

The Latin American Committee of WIZO-Israel deeply mourns the passing of

## Dr. MARCOS JAMITOVSKY

and extend condolences to his wife, our dear friend and advisor, Mrs. Anita Jamitovskiy, their children and grandchildren

In deep sorrow, we announce the passing of my dear wife, our mother, grandmother

## LUCIE BOEHM

The funeral took place yesterday, Tuesday, April 6, 1982.

The bereaved:  
Husband, Dr. Herbert Boehm  
Sons, Uri, and Dalia Boehm  
Raffi, and Hana Boehm  
Grandchildren, Ronen and Orli  
Sister, Margaret, and Alfred Schonebaum

We mourn the passing of

## SAMUEL CHAIT O.C.

in Montreal

A founder of the United Israel Appeal of Canada Inc.

Joseph Ain, President Nathan Silver, Chairman Israel Committee  
Walter Hess, Executive Director Leo H. Marcus, Director General



## Golan Druse continue strike against gov't

By YOEL DAR  
Jerusalem Post Reporter

MAJDAL SHAMS. — The general strike by Golan Druse against the Golan Law will continue, it was decided yesterday at separate meetings held in the four Golan Druse villages.

A mass meeting is scheduled Saturday at Shfaram, Western Galilee, to protest the extension of Israel law to the Golan and the requirement that Druse accept identity cards from the Interior Ministry. Dozens of Israeli Druse dignitaries are reportedly now supporting their co-religionists in the Golan Heights in their protest.

Pro-Syrian activists claimed yesterday that 90 per cent of the Golan Druse population are on strike.

Government officials put the figure at 80 per cent. The authorities maintained that many Druse who planned to stop striking and resume normal activity changed their plans due to pressure from the pro-Syrian and religious leaders.

The officials stressed that developments in the area do not justify any change in policy and the

government is determined to carry out the Golan Law and take action against those Druse who resist.

At least 20 Druse face legal proceedings for incitement against the state or taking part in recent clashes with IDF soldiers.

Officials dealing with Druse affairs report that more Israeli Druse dignitaries, including chairmen of local councils and religious leaders, are publicly backing the Golan Druse and urging the government not to extend the Golan Law to the region.

The Israeli Druse spiritual leader, Sheikh Amin Tarif, says the government must take into consideration the unique conditions of the Golan Druse. At a recent meeting in the Golan villages, he urged his colleagues to honour the law and accept the ID cards. But his proposal was rejected.

Israeli Druse held several meetings recently, attended by representatives from all 18 Druse villages. The participants called on the government not to apply the Golan Law to their co-religionists in the Golan.



Volunteers dig up history at the ancient city of Appolonia, near Herzliya.

## Poll: 50% support for national unity gov't

By MARK SEGAL  
Post Political Correspondent

TEL AVIV. — Over half the population wants a wall-to-wall unity coalition, one-fifth prefers the present Likud government, while one tenth wants an Alignment government. This emerged from a poll conducted for The Jerusalem Post by the Modi'in Ezrachi Research Institute among a representative sample of 1,233 adults conducted in mid-March.

When asked, "In view of the present situation, which coalition do you favour?" the answers produced the following: national unity coalition (Likud, Alignment) — 28.1 per cent; the present government (Likud, religious) — 20.4 per cent;

Alignment coalition (Alignment, religious, Shinui, Telem) — 10.9 per cent; others 10.3 per cent; and undecided — 4.8 per cent.

Institute director Sara Shemer noted that 64.5 per cent sought a change from the present coalition. Of those who voted Alignment last year, 46.5 per cent preferred a national unity coalition, to 28.2 per cent who wanted only an Alignment government. The demographic profile of supporters of a wall-to-wall coalition indicates that the idea has the backing of all social groups.

A further question, "How do you think Premier Menachem Begin performs his duties in comparison to the pre-election period?"

produced the following answers, better — 18 per cent, the same — 51 per cent, worse — 28.1 per cent, undecided — 2.9 per cent.

In examining the link between the respondents' evaluation of Begin's performance and support for a national unity coalition, Shemer found that a low evaluation is consistent with a low level of support of the present government. She noted that among those who think Begin was performing better, 32 per cent supported the existing coalition, while among those who saw no change in Begin's premiership the ratio was 25.3 per cent, with the percentage dropping to 6.1 per cent of those who think Begin was doing worse today.

## Top diplomat Moshe Yuval to be buried today in capital

Moshe Yuval, a veteran member of the Jewish Agency's political department and one of the first officers of Israel's diplomatic service, died in Jerusalem of a heart attack yesterday. The funeral will leave the Foreign Affairs Ministry courtyard in Jerusalem's Hakeira at 10 a.m. today for the Har Hamenuhot cemetery.

Yuval was born in Dvinsk, Latvia, on September 24, 1913, the son of Zalman and Hava Zimbel. As a member of a Zionist youth movement, he came to Palestine in 1932 to study at the Hebrew University. In 1936, he joined the political department of the Jewish Agency and served as a liaison officer to the Palestine government and British Army officials. He was also a personal assistant to Moshe Shertok, (Sharett), who became foreign minister and prime minister.

Yuval assisted Shertok in forming the Jewish settlement police, and with the outbreak of World War II, the Palestine units of the British Army. In 1944, he went with Shertok to London to help establish the Jewish Brigade group, and during 1947 and 1948, he assisted him at Lake Success in his efforts to establish the Jewish state.

Yuval served as Israel's first vice-consul and later consul in New York in 1948. In March 1949, he visited Shanghai, where he organized Jews for immigration to Israel. Subsequently, he was Israel's consul-general in Montreal, first secretary



at Israel's embassy in Washington, consul in Nicosia, envoy, to Australia and New Zealand, and ambassador to Peru, Niger and Bolivia.

Following these tours of duty, he headed the Foreign Ministry's information department, and was liaison officer to Yad Vashem and the state archives. His last post was as the ministry's assistant director-general.

For the past 15 years, Yuval served as member of the directorate of Yad Vashem, and last year was appointed its deputy chairman.

He is survived by his wife Tamar Roos-Yuval, his children Naomi and Boaz and two grandchildren. (A.Z.)

## Mayor of divided Berlin supports united Jerusalem

Jerusalem Post Reporter

"Coming from Berlin, said Richard von Weizsäcker, the mayor of that city, yesterday, "it is difficult for me to envisage anything but one Jerusalem."

Von Weizsäcker, who is on a four-day visit to Israel as a guest of the government, was responding to a question at a press conference about the unification of the city.

The mayor who met with top government officials here, said he had found Prime Minister Menachem Begin "friendly, constructive and cordial." The rift between Begin and German Chancellor Helmut Schmidt had come up in their conversation, said von Weizsäcker. He declined to go into details, but said "My impression was that it is clear that no personal things were meant." Rather, he said, the argument stemmed from different political views on various subjects.

A new phase in the relationship between the European community

and the Middle East was seen by von Weizsäcker in the visits to Israel by French President Francois Mitterrand, former British foreign minister Lord Carrington and the pending visit by German Foreign Minister Hans-Dietrich Genscher. Instead of issuing policy statements on the Middle East from afar, said von Weizsäcker, it was preferable for European leaders to engage in direct dialogue with the nations of the area.

The Berlin mayor noted the extensive cultural relations between Berlin and Israeli communities and institutions. Eight of Berlin's 17 boroughs, he said, had twinning relations with Israeli cities and his city had an extensive youth exchange programme with Israel. "We want to expand these relations," he said.

The mayor said he was to meet with 800 former Berliners now resident in Israel. The official part of the mayor's visit ends today and he will holiday for a week in Eilat.

## Journalists agree to negotiate dispute

Jerusalem Post Reporter

A shortened news bulletin was broadcast at the end of last night's TV programmes, instead of *Almost Midnight*, as TV journalists agreed to negotiate all disputes with the management of the Broadcasting Authority.

All sanctions by TV journalists, technicians and cameramen will be stopped in the meantime. The

## Police expect more crime this year

Jerusalem Post Reporter

Police foresee more crime among the entire population and more unrest among Israeli Arabs, but make no provision for adding extra manpower.

These predictions are included in the work plan for the 1982/83 year that Police Inspector-General Arye Iyrtan yesterday presented to Minister of the Interior and Police Yosef Burg.

Other challenges facing the police are the redeployment of border stations along the Egyptian-Israeli border, elections for the municipalities, and possibly for the Knesset.

## UN soldiers view IDF training exercise

Jerusalem Post Reporter

METULLA. — More than 300 UN soldiers serving in Southern Lebanon and the Golan Heights observed an armour and artillery training exercise yesterday as guests of the Israel Defence Forces at a base in the Golan.

After the demonstration and a viewing display of IDF weapons, the UN soldiers said they were greatly impressed with the capability of the IDF.

UN Middle East Commander Maj-Gen. Emmanuel Erskine and an IDF unit commander addressed the IDF troops and their guests.

## Ex-Interior official on trial for bribes

HAIFA (Itim). — The former head of the Acre population registry office for the Interior Ministry was charged in district court here yesterday with 11 counts for various offences including the use of blackmail and threats to obtain bribes, fraud, and breach of trust.

Moshe Shabbat, 49, was accused of accepting money from mostly Arab residents of Israel and the territories in exchange for expediting the granting of residence permits and new identity cards. Also implicated in several episodes was the former, ministry-appointed head of the Dir Manna local council, Mohammed Nimr Hussein.

HAPPY PESSAH. — About 1,000 volunteers organized by the welfare services distributed 1,000 packages of matza and 10 tons of oranges to about 5,000 elderly people for the holiday. The fruit was donated by the Citrus Marketing Board.

## British tourist/troop ship docked at Haifa

Jerusalem Post Reporter

HAIFA. — The British passenger liner Canberra, which has been requisitioned by the UK government to ferry troops to the Falkland Islands, visited Haifa last week. It is now on its way back to England.

The 45,000 ton P and O liner arrived on March 28 from Port Said as part of a cruise with some 1,500 tourists aboard. The ship stayed here two days.

Several of the warships in the 40-vessel armada the Royal Navy has mounted to sail to the Falklands have visited Haifa in recent years. This included one of the two command carrying assault ships, HMS Intrepid.

PESSAH. — Artists in Jerusalem's Yemin Moshe Quarter will hold open house during Pessah beginning tomorrow. Hours will be 10 a.m. to 1 p.m. on Friday and holiday eve and 10 a.m. to 7 p.m. and 4 p.m. to 10 p.m. on intermediary days.

## Zayyad charges 'illegal' Land Day arrests

Jerusalem Post Reporter

TEL AVIV. — Communist MK Tawfik Zayyad yesterday charged police with making over 100 arrests on Land Day last week "just for standing in the street."

Dozens more were fired from their jobs for observing the one-day strike, called by Israeli Arabs in solidarity with residents of the administered territories, Zayyad told reporters here. "They arrested members of the Nazareth city council and my wife," he said. "I don't know of any law that permits that."

The MK stressed that the strike was completely quiet at those locations where police did not interfere, and said that only provocation by the authorities caused whatever problems arose. "The accusation that those arrested had instigated others to strike is ridiculous. Nobody lifted a hand to force anyone to strike."

Zayyad called on the Histadrut to fulfil its obligation and defend those workers fired for only exercising their legal right to protest.

ART. — The Society for Jewish Art will hold its annual conference, on the subject of "The Zodiac and the Hebrew Calendar," at the Israel Museum, Jerusalem, beginning Sunday, April 11, at six p.m.

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## Haig: U.S. must restore nuclear balance with Soviets

WASHINGTON (AP). — Secretary of State Alexander Haig yesterday strongly defended the U.S. policy of nuclear deterrence, declaring that no other measure can restore a strategic balance with the Soviet Union and reduce the risks of nuclear war.

Haig spoke one day after President Ronald Reagan declared he hoped to meet with Soviet President Leonid Brezhnev this summer to discuss global reductions in nuclear weapons.

Haig attacked the concept of a global freeze on nuclear weapons, as urged by a group of senators and a growing number of communities around the country. Such a freeze at current levels, "would perpetuate an unstable and unequal military balance," Haig said.

"It would reward a decade of Soviet military buildup, and penalize the United States for a decade of unilateral restraint," he said.

"Such a freeze would remove all Soviet incentive to engage in meaningful arms control designed to cut armaments and reduce the risk of war," Haig said.

Haig spoke at Georgetown University's center for Strategic and International Studies.

Reaffirming his opinion that the Soviet Union has an edge over the U.S. in nuclear weaponry, Reagan suggested on Monday that he and Brezhnev address a UN disarmament conference and meet afterward to discuss "arms reduction" and "arms control."

The president told reporters he was not suggesting "a full-blown summit conference," Reagan said. "I think that if he (Brezhnev) is here and we both bring up (arms control), I think it would be well if he and I had a talk."

## Thailand's dynasty is 200 years old

BANGKOK (AP). — With colorful and solemn pageantry, Thailand's royal family and religious leaders yesterday celebrated the 200th anniversary of the crowning of the military commander who founded the present royal dynasty and established Bangkok as the nation's capital.

Tens of thousands of Thais turned out to watch parades and floral processions climaxed by King Bhumipol Adulyadej and Queen Sirikit laying wreaths at the statue of King Rama I — now renamed Rama the Great — on the most important day of the kingdom's current bicentennial celebrations.

Prayers were offered by the supreme patriarch and 209 senior monks of Thailand's Buddhist Church, while leaders of Thailand's Moslems, Christians, Hindus, Brahmins and Sikhs also gave their blessings.

Monday saw an elaborate barge procession, with 51 replicas of earlier war vessels carrying the royal family and manned by 2,188 men. King Bhumipol is the ninth in line with the title of Rama IX of



Argentinian soldiers stand in front of the Falkland Islands Home Industries building in the capital of Puerto Rivero (formerly Port Stanley). (UPI telephoto)

## Nicaragua recalls envoy over Honduran 'aggression'

MANAGUA (AP). — Nicaragua "recalled for urgent consultations" its ambassador to neighboring Honduras on Monday in protest of what it termed the kidnapping of 21 Nicaraguan citizens by Honduran troops.

Victor Hugo Tinoco, vice-foreign minister, said Ambassador Guillermo Suarez Rivas was being recalled because "it is a special situation" that followed "repeated and systematic aggressions" by units of the Honduran army and by "counter-revolutionary groups that have the support of sectors of the Honduran armed forces."

The Nicaraguan official said the intrusion Sunday was carried out by 30 men dressed in military uniforms with the insignias of the Honduran armed forces, armed with Belgian-made assault rifles. The Foreign

Ministry statement said the Honduran troops crossed the border five kilometers west of Somotillo and kidnapped 21 persons, including men, women and children.

In another development, Cuba will provide Nicaragua with \$130 million in financial and technical assistance this year, officials of both countries announced here Monday.

The technical assistance agreement stipulates that 3,800 Cuban technicians, doctors and teachers will be sent to Nicaragua to help in various government programmes. Similarly, it states that 1,200 Nicaraguans will receive training in diverse fields in Cuba.

The agreements make no mention of possible Cuban military aid to Nicaragua. Nicaraguan officials have denied that Cuban military advisers are stationed there.

## Poland reschedules debt of \$2.4b. owed western banks

FRANKFURT (Reuters). — Poland signed an agreement yesterday to reschedule \$2.4 billion that it owed western banks last year, clearing the way for early negotiations on its 1982 commercial debts.

The signing, three months late, ended nearly 12 months of delicate negotiations to prevent a loan default and give Warsaw a breathing space on its total western debts of \$26 billion. The negotiations to defer repayments were interrupted by the declaration of martial law in December.

While the accord clears a major obstacle in Poland's tangled financial affairs with the West, bankers said several more hurdles lie ahead, including the \$10.4 billion falling

due for repayment to governments and banks this year — a sum far exceeding Poland's means.

The agreement delays for seven years repayment of some 95 per cent of the money Poland owed 501 western banks in the last nine months of 1981. The remaining 5 per cent, some \$126 million, will have to be paid back this year, in three instalments due on May 15, August 15 and November 15.

Bankers said Poland would have to meet the interest payments due this year on the amount rescheduled, which will come to more than \$50 million, and must pay the banks fee of \$24 million for the rescheduling agreement itself.

## Woman eats snow to stay alive

ALPINE MEADOWS, California (Reuters). — A 22-year-old woman, found alive after spending five days buried in a giant avalanche, said she survived by eating snow.

Anna Maria Conrad, a ski-lift operator, was buried when an avalanche swept down on this northern Californian ski resort last Wednesday, officials said.

The death toll reached seven on Monday when a man's body was

found by rescue workers. Conrad was flown by helicopter to the nearby Tahoe forest hospital with frostbitten feet, some bruises and a black eye.

A spokesman for the resort said Conrad was conscious when she was found. "She was in an air pocket in the crushed building," he said. "Her will to live saw her through the five days of cold. She managed to stay alive by sucking snow."

## 100-year-old man grows new teeth, paper says

PEKING (AP). — At the age of 100, Chinese peasant Luo Shijun is growing new teeth, 11 on top and 16 on the bottom of his mouth, a Shanghai newspaper said.

The Wen Hui Bao said news of

Luo's new teeth had spread all over his commune in southeast China's Jiangxi province.

Luo was born on December 12 in the seventh year of the Kuang Hsu emperor, or 1881, and had long lived on a mountainside, growing crops and eating sweets, peanuts, bean curd, eggs and hot peppers with his rice, said the paper's Sunday edition, seen in Peking Monday.

He didn't smoke, drink or eat oily foods, it added.

HOOF-AND-MOUTH. — Danish police and veterinarians destroyed two herds of cattle yesterday after the 13th and 14th case of hoof-and-mouth disease were confirmed on the island of Funen. This brought to 3,365 the total of cattle and pigs killed and buried since the first outbreak on March 18.

## British fleet may try sea, air blockade of Falklands

PORTSMOUTH, England (Reuters). — A sea and air blockade of the Falkland Islands will be Britain's aim in the event of a conflict with Argentina, according to British military experts.

If Argentina's 5,000-man garrison can be isolated — and British experts think it can — Britain would then have the option of landing commandos in force to retake the islands.

Military commentators have formulated ideas about how a sea battle would go and they believe Britain's 36-ship armada would outclass and outgun Argentina's navy.

But much could depend on how Argentina bolsters its garrison in the two or three weeks it will take the British fleet to reach the Falklands.

Britain may become the first country to use present-day sophisticated weapons in a large-

scale naval battle.

In such an event, the world's navies will be watching to see how tactics never tried in combat on any scale work out, and how such weapons as Exocet anti-ship missiles, possessed by both sides, perform.

In a missile duel Britain has a clear advantage. Besides having more Exocet and Sea Dart missiles than the Argentines, its destroyers can defend the fleet with missiles capable of shooting down projectiles.

Britain also has the nuclear-powered submarine Superb already in the South Atlantic. Not only does it have twice the speed of Argentina's three conventional submarines, but it does not need to surface to recharge batteries — a vital boon.

The British carriers Invincible

and Hermes have Sea Harrier jump jets with radar to jam enemy missiles.

At 1,300 kilometres-an-hour they should easily outpace the 11 near-obsolete 1,000-km-an-hour Skyhawk jets aboard Argentina's lone 40-year-old carrier.

The British fleet, which steamed out of Portsmouth Monday, was likely to stay just east of the Falklands, out of range of Argentina's land-based bombers, experts said.

An early priority would be to cripple or sink the Argentine carrier, giving the British air control of the islands.

"If we form a blockade stopping

anything attempting to go within a 240-km limit, it is unlikely anyone will attempt to get supply planes in," said a former British defence chief, Admiral Sir Peter Hallamorton.

"Sooner or later their invading force is going to run out of puff," he said.

But prospects were less certain for the liberation of the islands themselves. Argentina has two weeks to bolster the garrison's defences with tanks, guns and radar.

If Britain did launch a seaborne assault, it would be from the Fearless, a sort of floating dock whose stern can be flooded to permit landing craft to load and sail.

## UK said tipped off about invasion

LONDON (Reuters). — Argentine naval secrets showing that an invasion of the Falklands was likely, were passed to the British Government a week before the colony was seized, two British daily newspapers reported yesterday.

Reporters in Buenos Aires for the Daily Telegraph and The Times, quoting intelligence sources, said that the secrets were procured either by British agents in the Argentine Defence Ministry or by U.S. sources.

The Foreign Office declined to comment on the reports.

The Times said that the government was fully aware of the probability of an attack, and quoted an intelligence expert as saying it ignored the signs. It said that the U.S. had passed on satellite evidence that a large Argentine naval force was heading for the Falklands.

The Telegraph cited what it called unimpeachable sources as saying that London knew "something big" was going to happen on the Falklands 10 or 11 days ago.

## UK unveils new scheme to resolve Ulster crisis

LONDON (Reuters). — The British government announced plans in Parliament yesterday for a new elected assembly in Northern Ireland and told the strife-torn province's divided politicians they had a responsibility to make them work.

Northern Ireland Minister James Prior said in a statement that the plan offered a way out of political deadlock and violence.

"The government believes that the politicians of Northern Ireland have an inescapable responsibility to work out an acceptable scheme for themselves," he said.

Leaders of the pro-British Protestant majority and Catholic minority have criticized Prior's ideas. And the Irish Republic said in a statement yesterday that the plans were unworkable.

Prior wants elections later this

year for a 78-seat assembly, whose main task would be to discuss how it would exercise devolved powers.

To help protect the Catholic minority, about a third of the population, any constitutional plan would require the support of 70 per cent of assembly members.

If this level of agreement was reached, the assembly would gradually be given executive powers, but not responsibility for defence, foreign affairs and law and order.

Protestant leaders object to the requirement for 70 per cent support, while Catholic politicians, most of whom favour an end to British rule and unity with the overwhelmingly Catholic Irish Republic, have said the scheme will only highlight divisions in the community.

## Peking: relations with U.S. stand on 'brink of precipice'

PEKING (Reuters). — China yesterday warned the U.S. that relations between the two countries are on the brink of a precipice because of continuing American arms sales to Taiwan, but said it is still willing to find a reasonable solution.

Communist Party Vice-Chairman Deng Xiaoping was quoted in The China Daily as having told visiting former British prime minister Edward Heath that Washington cannot go on trying to run Taiwan as an American aircraft carrier.

"It is up to Washington itself to get out of its present predicament — that is, if it wants to," the English-language newspaper said.

But a separate commentary in The People's Daily said that Peking is willing to be patient and flexible, suggesting that arms sales to Taiwan

might be acceptable for the present provided the U.S. agrees on a deadline to end them.

Heath, who is making a private visit to China, was asked at a news conference after his meeting with Deng whether the powerful vice-chairman had commented on U.S. President Ronald Reagan's plans to sell \$60m. worth of military spare parts to Taiwan.

Heath said Deng had told him that the U.S. Congress "must accept that there is just one China and that they cannot go on trying to run Taiwan as, to use their own phrase, an American aircraft carrier."

"It is the U.S. which has got to make up its mind," Heath said. "There is absolutely no doubt about the depth of the feeling about it."

## Afghanistan 'will talk' with Iran, Pakistan—but not rebels

KUWAIT (AP). — Afghanistan's foreign minister said yesterday that his government would welcome UN-sponsored talks with Iran and Pakistan on the Afghanistan issue provided that no representatives of Afghanistan rebel forces were included.

Shahmeh Doost, who is leading Afghanistan's delegation to the current non-aligned co-ordination bureau meeting here, also claimed that Soviet troops are not taking part in fighting against Moslem forces in Afghanistan. They have "sustained no injuries because they are not involved in the fighting," he said.

Doost made the remarks when in-

tercepted by reporters covering the non-aligned meeting. Access to delegation chiefs at the conference has been restricted by authorities.

"We have accepted a Pakistani offer for UN-sponsored talks, but we insist it should be tripartite, on a government-to-government basis" with only Afghanistan, Pakistan and Iran included, Doost said.

"We are awaiting this month's talks by the assistant of the UN secretary-general to see if there is any change in Pakistan's position on the proposed talks," said Doost. The UN envoy is due in Pakistan on Saturday.

Doost accused Pakistan, the U.S. and China of training rebel forces and supplying them with weapons.

## Syrian helicopter crashes in Lebanon

BEIRUT (AP). — A Syrian military helicopter crashed in east Lebanon's Bekaa Valley yesterday and its two-man crew was killed instantly, a communique from the command of the Syrian occupation forces in Lebanon said.

It said the aircraft slammed accidentally into a high-voltage power line between the Lebanese air base of Rayak and the neighbouring village of Furzol, 10 kilometres west of the Syrian border and 50 km. east of Beirut.

## Forges and Borinski win ASA titles

By ORI LEWIS

The long-awaited finals of the ASA Tennis Championships were held on Sunday. The tournament, begun in Beersheba last December has only just been completed, due to complications with the weather.

This year's men's title went to Reuven Forges of ASA Tel Aviv, a member of the Israeli national team. He trounced Doron Colton of the Hafia Technion in an impressive display by 6-1, 6-1. The semi-finals

were easy affairs for both players. Forges giving only one game away to Franco Moize and Colton giving none to his opponent, Igor Godzander.

The women's competition was a closer affair with Jerusalem's Ruthi Borinski coming out the winner. She beat Tel Hadyuf of Tel Aviv University 6-3, 6-4. Batsheva Mandel, Jerusalem's only other representative in the finals was third.

## Clay experts win at Monte Carlo

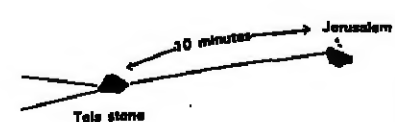
MONTE CARLO (AP). — West German Peter Elter achieved the first surprise victory in the \$300,000 Monte Carlo Grand Prix tournament by beating fifth seed Peter McNamara of Australia, ranked ninth in the world, with comparative ease, 6-3, 6-2, on the slow Monte Carlo clay.

Top seed Ivan Lendl had no diff-

culty winning against Pedro Rebolledo of Chile 7-5, 6-2, and the third seed Jose-Luis Clerc also had an easy passage against Italian Gianni Oleppio, 6-2, 7-5. Both Lendl and Clerc, as well as Borg, who won on Monday, are happiest on clay, so Shlomo Glickstein is in a very challenging tournament.

## Stone urban life by to Jerusalem

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in the presence of Tel Aviv Mayor Shlomo Lahat,

on Sunday April 11 at 4 p.m.



TWO QUESTIONS put to a first-time heart attack patient may be a clue to his recovery, according to a study conducted at the Hebrew University of Jerusalem.

The study, conducted by Dr. Dan Bar-On as his doctoral dissertation in psychology at the university, focuses on a new technique, which categorizes cardiac patients according to their attitudes after a first coronary. The technique developed by Bar-On makes it possible to predict their ability to recover.

Heart attacks are the principal cause of death in the West. Despite the fact that heart attacks are so commonplace and despite the sophisticated medical techniques which are available for treating the patient during the critical first moments after the attack, medical science still lacks clear answers to the questions regarding chances of recovery.

True, a number of physical and other factors are already known to increase the risk of heart attack, and certain factors — such as the severity of the attack, the patient's educational level, and his tendency towards depression — are known to influence his recovery.

Still, there is no satisfactory explanation for the fact that people who are comparable in all those ways may differ in their recovery pattern. One patient may function normally after three or four months, while the other may not return to normal for a year or more.

BAR-ON, a member of Kibbutz Revivim in the Negev, spent two

years studying 89 males aged 34 to 60 who were hospitalized in the intensive-care unit of the Soroka Medical Centre in Beersheba after first attacks.

During that time, he studied the subjective reasons for the attack, as well as the patient's ability to cope with it. Bar-On was seeking some correlation in the explanations provided by the patient himself, his wife and the doctor for clues that would help predict the rate of the patient's recovery six months after the attack. He also tried to uncover the interplay — if any — between the doctor's explanations and those of the patient and of his wife.

One tool used in the study was a simple questionnaire with a choice of 20 answers to these two questions:

1. Why did you have a heart attack?

2. What will help you cope with it and aid in your recovery?

Bar-On followed up on the patients' responses, as well as on those of the wives and doctors, during the various stages of care up to six months after the heart attack.

WHEN THE RESULTS were tallied, Bar-On found the patients could be grouped into five "types" based on their answers to the two questions.

This grouping, he found, greatly improved the predictability of successful recovery, compared to prediction techniques available until now.

Among the five "types," two polar categories emerge:

An Israeli psychologist has developed a system which helps predict the course of recovery of heart attack victims, a special study shows.

## CLUES TO RECOVERY



## Eye spy

A DOCTOR'S NOTEBOOK / David Samson

trouble. In such cases, as with the causes of high blood pressure, which are known, treatment is mainly aimed at the underlying condition. Some eye drugs may also affect the IOP, a good reason for informing your doctor of all medications you're putting in your eyes.

However, just as with high blood pressure, most cases of glaucoma come about for no very obvious reason, and it is this common and initially symptomless form, known as chronic simple glaucoma, about which I'm writing today. This type is almost exclusively restricted to those over the age of 40, and does tend to run in families.

Since the loss of vision in this condition is initially slow and peripheral, much sight may already have been lost before this is suspected, by which time other findings, apart from measurement

of the IOP, make the diagnosis obvious. What then can be done to prevent glaucoma, or at least to detect it early and halt its progress by treatment?

In my practice, I try to see to it that all my patients over the age of about 55 (when the incidence of the condition rises sharply) have their IOP measured from time to time. When the result is borderline, it is sometimes difficult to decide whether this indicates a high "normal" pressure or a low "abnormal" pressure.

Careful follow-up, combined with additional eye testing, usually detects the matter one way or the other over the course of time. As yet, we have no foolproof way of deciding immediately which of these borderline cases of increased IOP will go on to develop the visual damage, i.e. glaucoma. Indeed, one

The personality type which is least likely to successfully recover from the initial heart attack — and may, in fact, suffer a second one — is that which blames the coronary on factors beyond his control (fate, luck, the pressures of life in Israel, lack of attention from those around him, etc.).

This attitude was found to be detrimental to the chances for recovery. The research shows that these people were not inclined to make the necessary changes in their lifestyles required for a successful recovery. Even if they did make some changes, these tended to be of a "preventive" nature only, such as losing weight rather than engaging in physical activity.

These patients made less use of the help provided by their wives and the medical staff which treated them during their recovery. Six months after the attack, these patients' physical and sexual functioning was relatively impaired, as was their ability to return to work.

Even though it may be possible to explain this attitude by such factors as ethnic origin, social status and education, the research shows that even educated people from European and American backgrounds who had this attitude tend to suffer impairment for a longer period.

Those patients who tended to blame their coronaries on internal factors ("I am hot-tempered") rather than on external factors, such as fate tended to put the success of their recovery down to their own physical strength, the ability of the

medical team treating them and the support of family and friends.

Six months later, these patients returned to work successfully and even reported improved physical and sexual functioning. Such achievements were attained despite the fact that the group included patients classified by the doctors as very high risks.

These patients planned and implemented more positive changes in their lifestyles after their heart attacks. They changed jobs, took up exercises, etc. The success or failure of recovery of patients belonging to these two opposing groups was predictable, with 66 per cent accuracy.

BAR-ON's third group of patients included those who attributed the attack to "physical" reasons, such as those typically given by doctors (smoking, overeating, heredity, etc.).

While the research showed that this attitude is likely to lead to successful recovery, such success is harder to predict.

Two additional groups of patients were identified in the research. One played down the severity of the illness, while the other was preoccupied with thoughts of how to handle future events rather than trying to relate to the causes of the attack.

It seems that these two attitudes do not really influence recovery, and they shed no light on the chances of return to a normal life. ONE OF THE research's most interesting conclusions is the con-

sistency of answers given by the patient and by his wife. This consistency extends into other areas of their lives, such as the reasons for success or failure in work or in society.

At the other extreme is the lack of correlation between the patient's and the doctor's explanations (age, obesity, smoking, heredity). Even though these factors can predict heart attacks, they do not influence the patient's ability to recover from them.

The doctor who is not sensitive to this distinction is apt to mistakenly predict the chances for recovery on the basis of this diagnosis.

The technique developed by Bar-On will enable the doctor to obtain vital information on the patient as soon as he is admitted to the hospital by asking him two simple questions and then classifying him into one of the five groups that have been isolated.

Implementation of this technique, together with accepted medical criteria, will provide for better understanding of coronary patients' thought patterns and behaviour, will begin to enable changes to be made on them if required in order to improve the recovery process, and will help the doctor predict the patient's course of recovery.

Explaining the technique to the doctor, the patient, and to his wife will enable them to better understand how they can influence the course of their lives in order to promote recovery from an initial heart attack.

I'VE HAD an increasing number of letters recently about the eye complaint known as glaucoma. It seems appropriate then to say a few words about this relatively common condition, which nevertheless rarely makes the medical headlines. All the same, it's an important one; if allowed to progress untreated, it can cause significant morbidity as a result of the damage to vision and blindness it brings about.

If you press gently on your eyeballs (with your eyes closed, of course), you'll feel a slight springiness or resistance. This results from the internal pressure within the eye. This pressure, in turn, depends upon the state of a jelly-like substance known as the vitreous, which makes up the bulk of the volume of the eyeball and, more importantly, the amount present of a special liquid called the aqueous humour, or aqueous for short, which bathes the front portion of the eye.

The aqueous is secreted from a special area at the side of the lens. From there it circulates via the pupillary opening into the very front of the eye behind the cornea or "window" of the eye. Finally, it is

reabsorbed into the bloodstream through another special area near the edge of the cornea.

The main function of the aqueous is to see to the metabolic needs of the lens and the cornea since, as these structures must be transparent to allow the unimpeded passage of light rays, they have no nourishing blood vessels of their own under normal circumstances.

That springiness you feel, or ocular resistance, can be measured simply and accurately by a small instrument applied to the front of the eye, called a tonometer, and the result is known as the intra-ocular pressure or IOP, for short. For practical purposes, any changes in the IOP are due to fluctuations in the amount of aqueous present, which in turn is governed by the rate of its secretion and re-absorption. When the IOP is raised high enough for long enough, it can cause pressure on some of the tiny blood vessels that feed the optic nerve — the nerve of sight — at the back of the eye. The result is a slow but progressive deterioration in vision. This then is glaucoma.

There are intrinsic eye diseases that may raise the IOP and cause

ANOTHER Pessah. Another round of kneidlach, sponge cake, matzo brie. The traditional holiday diet is based on large quantities of meat, eggs, fried foods and sugar — not good for the heart or the waistline.

But it's hard to know how to cope without them. The secret perhaps is not to force yourself to eliminate such things from your holiday menu, but to cut down on them as much as possible.

For meatless meals, consider vegetable pies, vegetable burgers and steamed or stir-fried vegetables served on mashed potatoes. A little potato flour and one or two eggs, if desired, holds them together. Use white cheese instead of yellow, to complement.

Don't deep fry — pan fry, in a little sunflower margarine or oil. If you're an olive oil fan like me, just use enough for taste, and substitute some polyunsaturated oil (like corn,

## Pessah provisions

BACK TO SCRATCH/Phyllis Glazer

soy, safflower or sunflower) for the rest.

A great solution to the problem of what to cook during Pessah is the spaghetti squash, grown by Kibbutz Sa'ad in the Negev. This low-calorie, high-fibre vegetable turns to noodles when cooked, and can be used in casseroles, burgers and the like. A new crop should be just hitting the market.

Healthy food enthusiasts may want to choose matza shmurah, for the holiday. While more expensive, it's also more nutritious, being made from whole wheat flour.

Instead of multi-egg sponge cake,

why not try cookie kisses? These sweet treats are made with just the whites of eggs (no cholesterol) and are superb.

### BAKED BRIE

A real showstopper.  
1 package ripe brie or camembert cheese  
2 tablespoons butter at room temperature  
2 tablespoons chopped almonds, cashews or brazil nuts

Preheat oven to 350F (180C). With your hands, spread butter over top, bottom and side of cheese, and place in an ovenproof dish. Sprinkle the nuts over the top. Bake 12-15 minutes, or until cheese is puffed and just begins to melt. Serve with matzo, sliced pears, apples, marinated vegetable salad, green salad, and, of course, white wine.

### HERBED VEGETABLE KEBABS

1 small eggplant, unpeeled, cut into chunks  
2 large carrots, cut into thick slices  
3 medium zucchini, in thick slices  
1 large onion, cut into small wedges  
2 small red or green peppers, sliced thickly, about 16 small mushrooms

Herb dressing: ¼ cup oil, ¼ cup vinegar, 2 crushed garlic cloves, 1 teaspoon mustard (preferably Dijon), 1 tsp. basil, 1 tsp. oregano, ¼ tsp. majoram, ¼ tsp. rosemary, ¼ tsp. pepper.

Steam eggplant in a little water for 3 minutes and drain. In the same water, cook carrots till crisp-tender (6 minutes) and drain.

Place eggplant, carrots and rest of vegetables in a large bowl or plastic bag. Prepare the herb dressing by mixing all ingredients together and pouring in the bowl or bag. Refrigerate at least 3 hours or overnight.

Drain vegetables and reserve the dressing. Thread the vegetables on 4 kebab skewers and grill in the oven, or over charcoal, turning often and basting with reserved dressing. It should take 10 minutes or less for the vegetables to become lightly brown and tender. Sprinkle with salt before serving. For lunch or supper, serve with mashed potatoes.

Dressing may be stored in a covered jar for up to two weeks and used on salads of all kinds.

### VEGETARIAN CHOPPED LIVER

(makes 2 cups)

1 ½ cups steamed green beans  
1 hard boiled egg  
¼ cup toasted walnuts or blanched almonds  
¼ cup minced onion (sautéed in oil)  
1-2 tablespoons mayonnaise  
1 tablespoon dry white wine (optional)  
salt, pepper, nutmeg

Place the walnuts in a blender or food processor and pulverize. Set aside. Next pulverize the green beans and eggs (a food grinder is better than a blender for this). Mix

the beans, eggs, nuts, sautéed onion, and mayonnaise together well. Add a little salt, pepper, nutmeg, and then taste. It should be great.

### PESSAH LASAGNE

This recipe appeared some time last year, and resulted in such positive feedback that it bears repeating.

3 matzos (each broken in 4 pieces) boiling water  
2 cups tomato sauce  
1 package "Canaan" cheese, or 1 ½ packages cottage cheese  
200 grams half-fat yellow cheese, grated, oregano, basil, garlic salt and pepper, thyme

Four boiling water over the matzo in a colander. Make sure each piece is moistened. They should be soft, but not soft enough to tear.

While they're sitting, prepare the tomato sauce. You might want to use the bottled kind, and add water, oregano, basil, garlic salt, salt and pepper and thyme to taste. Line a greased baking dish with a layer of "matza-noodles," then crumble the white cheese on top. Spread with a layer of tomato sauce, and then the grated cheese. Bake in a moderate oven (350F, 180C) 20 minutes or still the mixture is very hot, and the cheese melted.

### PECAN KISSES

As with regular kisses, it's hard to have just one

1 egg white  
¼ tsp. salt  
1 cup brown sugar, packed  
1 ½ cups coarsely chopped pecans  
¼ tsp. nutmeg and/or vanilla

Beat the egg white until soft peaks form. Add salt and slowly add sugar, beating constantly, and continue to beat until the mixture is stiff and glossy. Fold in the pecans and nutmeg or vanilla. Drop by teaspoonfuls about 4 cm. apart on well-greased baking sheets. Bake at low heat (250F, 125C) about 30 minutes, or until tops of kisses are dry. Remove from baking sheets immediately, using a metal spatula (be careful, they are delicate until dried), and cool on wire racks. Heavenly.

### WALNUT KISSES

3 eggs whites, room temperature  
¼ tsp. cream of tartar  
dash salt  
1 teaspoon vanilla  
1 cup brown sugar, packed  
1 ½ cups finely chopped walnuts

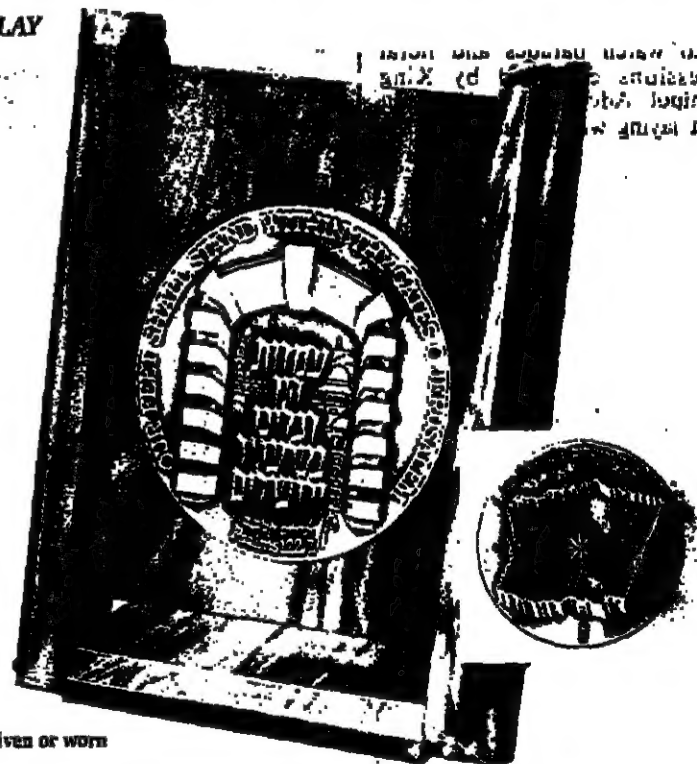
Beat egg whites until foamy throughout. Add cream of tartar and salt, and continue beating till stiff, but not dry. Beat in vanilla, and gradually beat in brown sugar. Make sure brown sugar thoroughly dissolves in beating. Beat till very stiff, then fold in walnuts.

Drop by heaping teaspoonfuls onto well-greased and lightly "floured" baking sheets. Bake at 250F (125C) 30 minutes or until light tan in colour. Remove immediately from baking sheets and cool on a wire rack.

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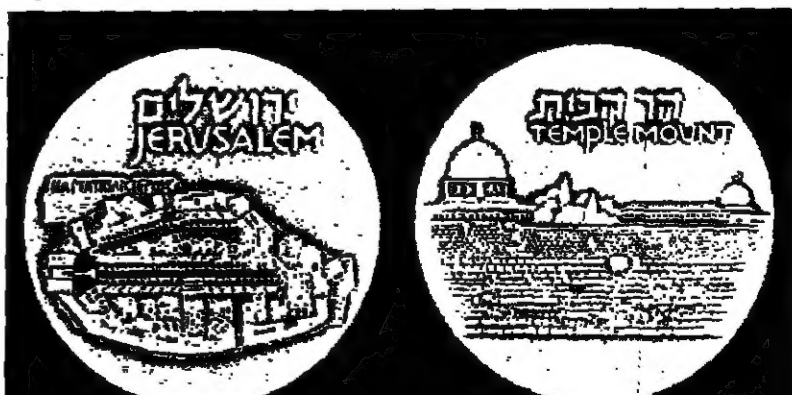
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## The meaning of commitment

**BENJAMIN AKZIN** examines what countries mean — and do not mean — when they make declarations supporting Israel's right to exist.

WITH commendable frequency, official spokesmen of various, mainly Western, countries, have come out with declarations to the effect that their governments are committed to Israel's right to exist, and to do so in peace and security.

Sharp-eyed observers may have noted that during the years between 1956 and 1973, when Israel seemed less threatened, such declarations were less frequent, and may draw certain conclusions therefrom: after all, the right to enjoy peace and security is anchored for all states in various international documents, including the United Nations charter, while the right to exist is axiomatic in international relations, and neither is usually emphasized when dealing with a specific country.

If this is done at all, it surely indicates that peace, security, and the very existence of the country in question are seriously jeopardized, and in these circumstances, it is all to the good to know that various other countries are committed to uphold its right to these basic conditions.

The language used in most of these declarations is almost identical, though at times variations and supplements occur. Thus, on the one hand, Lord Carrington's dinner speech last week in Jerusalem, worded in such a manner that Israel's right to exist, etc., appeared balanced, not to say conditioned, by the right of Palestinians to self-determination. (Carpenter fault-finders will ask why, self-determination being a universal principle, Iraq's right to exist, etc. is not conditioned by the Kurds, that of Indonesia by the Moluccans, that of Spain by the Basques, and for that matter that of France by the Corsicans' right to self-determination but this is beside the point.) On the other hand, West German statesmen, in addition to the commitment formula, occasionally point to the special relationship between Germany and Israel, and American leaders speak of support of Israel as being a basic element of American foreign policy.

There is no need to doubt the sincerity of these declarations. The good faith of the governments on whose behalf they are made can be taken for granted. But what needs to be clarified is what these declarations actually mean, and what they do not mean.

THE ABOVE commitments undoubtedly mean that none of the governments concerned intends to challenge Israel's existence, to revoke its recognition of Israel as an independent state, or to wage war against it.

They further mean that these

governments, when consulted, or even on their own initiative, will advise Israel's enemies to abstain from hostile action. This advice may be rendered in a cursory manner or be urged upon Israel's enemies, the nuances depending on circumstances and on the attitudes of individual governments.

They also mean that the governments concerned will not actively support the exclusion of Israel from international bodies based on the principle of universality; they may, or may not, imply that should such exclusion be attempted, the governments in question will apply appropriate sanctions, past experience having shown that in this respect the U.S. and various European countries have assumed diverging positions.

The commitments do not mean the governments concerned will abstain from supplying Israel's enemies with weapons and other means that may threaten Israel.

They do not mean that the governments will necessarily supply Israel with weapons and other means of defence against attack.

They do not mean that the governments will permit transportation across their territory of air space to Israel of means of defence emanating from other sources (such refusal actually occurred during the Yom Kippur War).

They do not mean that the governments will abstain from applying sanctions or disassociating themselves from Israel in connection with steps that Israel will regard as necessary to safeguard its right to exist, to peace and to security.

AND, finally, they do not mean that the governments thus committed will take military action to assist Israel in case it is attacked, and its right to existence, peace and security actually threatened.

The above is stated here in order to add a dimension of realism to the evaluation of the commitments that have been made and will probably continue to be made in the future, without undue cynicism, but also without illusions based on wishful thinking.

Foreign statesmen who re-iterate the commitments do so knowing well the prime rule of diplomatic intercourse, namely that one's own undertakings should always be couched in as amiable language as possible, but should be interpreted as narrowly as possible. The purpose of these remarks is to bring this rule to the attention of the Israeli public and of some of its less sophisticated politicians as well.

The author is professor emeritus of political theory and constitutional law.

WITH THE approaching final withdrawal from Sinai, Israel is preoccupied — and rightly so — with possible future developments. We devote a great deal of time to assessing the positions of Egypt, the Arab world, the European Community and the United States. But one factor seems to be forgotten — the position of the Jewish people; more particularly, the position of the American Jewish community.

In the coming months, we are likely to find ourselves in the midst of decisive political struggles. And the Jewish people may well be the only ally we have left. The major political battle will be fought in the U.S., and since the Jewish community there is the strongest and most influential, we must examine our relations with it and its ability to confront the challenges ahead.

THE AMERICAN Jewish community has come of age. From a group of immigrants lacking economic and social status at the beginning of the century, it has today emerged as a community which occupies key positions in all areas of American life.

In the '60s, for example, there were only two Jewish senators and 10 members of Congress. Today, there are six Jewish senators and 27 Jewish congressmen, representing not only New York State but also about a dozen other states throughout the country.

The change in the position of the American Jewish community has also affected its attitude to Zionism and Israel. In the early years of the state, its approach was basically emotional. It derived its inspiration from the tradition of the Jewish shtetl, and its attitude was affected primarily by the tradition of the Holocaust.

In time, this emotional support was complemented by concern for the problems of the present and an analysis of the likely developments of the future. Instead of a purely emotional, often superficial, approach, a more mature, logical and deeper relationship developed.

American Jews became more familiar with, and informed about, Israel, its problems, its debates and its decisions. Hundreds of thousands of American Jews visited Israel in groups and individuals were confronted directly with the state's achievements and problems.

WHEN THE humanities and social sciences departments completed the move back to Mount Scopus, there was much wailing and gnashing of teeth among the faculty. It's about time someone spoke up for our lovely new home.

I think away the scaffolding and bulldozers and dirt and noise of the present. The decision to move this year was a difficult one, governed no doubt by economic and psychological considerations; it had to be done. Now we look ahead.

Given the space involved and the projected needs, the architects, I think, planned superbly. The bus tunnel and parking areas and cafeterias and Beit Maierdorf and the library... even in their present stages of incompleteness, their locations and proportions make elementary sense. Not that there is no room

## FORGOTTEN ALLY

Israel must pay close attention to its relationship with U.S. Jewry, which could play a key role in coming political battles, writes **SIMCHA DINITZ**.

Hundreds of thousands of Israelis settled in the U.S. and transmitted to the Jewish public there a picture of Israel, albeit not always a positive one. The media made the Jewish community immediately aware of events in Israel.

This involvement of U.S. Jewry with Israel reached such proportions that the American Jewry changed from being a passive supporter to an active partner in the Israeli experience.

To the dimension of emotional identification was added the dimension of intellectual involvement, which is deeper but also more critical.

ISRAEL HAD TO confront the implications of such a change in the relationship. In order to preserve this vast asset, the Jewish state could no longer afford to engage solely in appealing to the Jewish heart. It had to start addressing itself to the Jewish mind, to logic, to the essence of the issues of the present, to the concerns of the future.

Every Israeli Government had to define and clarify to the Jewish people the state's essential goals in the struggle for national revival. Israel cannot preserve its unique position as the core of the Jewish people solely because of its geographical location: it must become the source of guidance, direction and inspiration within the Jewish people and directs it to the fulfillment of national goals.

Without such inspiration and direction, relations between Israel and the Jewish people will degenerate to the level of relations between patron and client. And Israel will not necessarily retain the edge.

A TRUE and meaningful relationship demands the arrangement of priorities in determining our future goals. First priority must be given to a concerted national effort

to attract the Jewish people to their land and make them active participants in its rebuilding. Such an initiative cannot come from the Diaspora, especially not from a Diaspora community which is located in an affluent society.

Such an effort will succeed only if we establish a Jewish society in Israel with unique values which appeal to the many Jews who are looking for purpose in their lives, both as Jews and as human beings.

Israel can undoubtedly achieve this goal. The foundations for such a society were laid by the state's founding fathers; somewhere in the course of our short history, we departed from it and lost our direction.

The second goal is to enable the Jewish people to participate in the attainment of Israel's most essential political aims. We cannot expect support for every political decision or defence for every speech or declaration uttered by an Israeli leader.

A national order of priorities must be established which embodies the accepted and essential political goals, and all our efforts must be directed to ensuring the attainment of these aims: the preservation of Israel's qualitative advantage in the military sphere; the achievement of defensible borders; the prevention of a PLO state in Judea, Samaria and the Gaza Strip; the preservation of a united Jerusalem as the capital of Israel.

INSTEAD OF creating a solid front on these central issues, however, the government has diverted the public debate from the essential to the marginal, from the agreed basis to secondary issues, from what unites us to what divides us. It has thus distorted the order of priorities, damaged the Jewish consensus and weakened the capacity to struggle for it.

Now the government has embarked on a new, even more harm-

ful, stage. It has begun to undermine even those positions which formed the basis of the national consensus in Israel and the Diaspora.

The Likud leaders, in an attempt to achieve electoral gains, have launched a campaign to divide systematically the people of Israel into two camps — patriots and traitors.

In order to achieve this purpose, they draw the attention of the people in two directions: on the one hand, they recall painful, tragic events of the past (the murder of Arlosorof, the Altalena affair; on the other, they depict those who now object to particular government actions or who argue with the logic of particular policies as siding the enemies of Israel.

THERE ARE two dangers to such an approach. Firstly, it deliberately distorts the democratic debate in Israel — the majority of people are not divided on whether Israel should remain on the Golan, but rather on the decision to apply Israeli law to the Heights and to the ramifications of such a decision. The majority are not divided over whether we should incorporate the PLO in negotiations, but whether government policy in the territories strengthens or weakens the PLO as a political factor. The majority are not divided over whether there should be a Palestinian state but whether the government's handling of the autonomy negotiations advances or diminishes such an outcome.

The real question is whether the policy of "grabbing everything" is more beneficial to Israel than a policy which seeks a course between annexation and the establishment of an independent Palestinian state.

The debate is whether the annexation of the whole of Judea, Samaria and the Gaza Strip, with its million and a quarter Arab inhabi-

tants, provides security for Israel or undermines its democratic and demographic nature.

These are legitimate matters of debate and any attempt to distort it — by depicting people as being divided on whether to hand back the Golan to the Syrians, to incorporate the PLO in the political debate, to establish a Palestinian state — is a falsification of the issues and a danger to the state.

When the prime minister and the defence minister imply that those who, until a few years ago, led the nation, contributed to the entrenchment of the PLO in the territories and are now advocating a Palestinian state, the central nerve in the body of Israel is damaged and the nation's ability to stand together on the vital issues is destroyed.

Moreover, such a distortion of the public debate weakens Israel's negotiating position in the international arena and destroys the Jewish consensus.

When political leaders abroad read that the leaders of Israel's Labour movement, which represents about half of the people of Israel, are labelled supporters of the PLO and of a Palestinian state, they are likely to misread the degree of unity which does, in fact, exist among Israelis. And if world Jewry hears Israeli government spokesmen proclaim that half the Israeli public supports the Palestinian struggle, why should they attempt to counter Palestinian propaganda in their own countries.

The Jewish people will be ready to stand by Israel if its present leaders do not disrupt the scale of values and priorities in our political struggle and do not distort the legitimate domestic political debate by attaching false labels to anyone who disagrees with their policies.

What is now clear is that this approach is divisive; it damages the nation's unity, weakens its international negotiating position and destroys the united Jewish front which supported us in our past struggles. All this at a time when we are facing decisive battles that touch upon our continued existence as a people and as a nation.

The author was ambassador to the United States from 1973 to 1978. He is currently vice-president of the Hebrew University of Jerusalem.

## Looking to the future

By **SHOLOM J. KAHN**

for improvement.

BUT I WANT to concentrate on the humanities building, where I spend most of my time. It took me a few visits to catch on, but I now enjoy it as an architectural gem.

When I arrive by bus or whatever at the (future) large lobby complex, I am at the centre of things. I can go to the Akedemon bookstore for a purchase, to the administration division on business, to the library, or begin my walk towards No.6 and No.7, where I work. The jokes I share with one colleague have to do with the need for roller skates... but the distances are not so great, really, and will become pleasanter with the years.

My eye is never bored, and I don't feel crowded. As I stroll, I am, as it were, both in-and-out-of-doors. Large windows make me aware of the (future) large courtyards, where trees should grow and friends congregate; and, here and there, of the large city down below.

In winter, when the rains pour and the winds sweep we are grateful indeed for the walls and windows that create a protected environment. This should be so also in the heat of summer, and during the hamshin.

But where are the lawns and trees of Givat Ram (and the snows of yesterday)? The question answers itself. Each place creates its own qualities out of its own needs. Our Old City is unlike the Place de la Concorde of Paris, London's Trafalgar Square, Vienna's Ringstrasse, or New York's Times

Square. How did Oxford and Cambridge get those exquisite lawns? First, as their names testify, they had rivers, and the English climate. We all know the joke: then let the grass grow for 300 years, and now it regularly. Well... there will be a green belt around the hill, and modest greenery (I hope) not too far from our windows. But I do not come to the university to sun myself on the lawn.

I come to study and teach, to make contact with colleagues, students, and books. The really serious point, of course, is the split between the two libraries — to which problem, or set of problems, we shall have to address ourselves in years to come. The space and arrangements within the Mount Scopus Library are, and will be, more than adequate in the foreseeable future; but it needs to get that copy of the National Library catalogue, duplicates of this and that, a quick shuttle-bus between the two libraries, etc. Budget.

THE CRUX of the matter, of course, is the human contact which makes an academic community. Did we have this at Givat Ram? At the swimming pool and Beit Belgia, sometimes. It was well known that most teachers there worked at home and came chiefly for classes, office hours, and committee meetings. With the luxury of a private "room of my own," I now tend to make a day of it when I go up on the hill. This leads to meetings at lunch, over beer or cof-

fee, or on the terrace when the sun is shining. In some ways, we will be forced to see more of one another, by the buildings themselves and by their locations — for better or for worse, whatever we make of it in the years ahead.

We cannot meet in spacious quadrangles or common rooms, as in England, because The Hebrew University is inevitably smaller — and more democratic. Those areas in our corridors will gradually be inhabited by bulletin boards, coffee urns and refreshments, works of art, potted plants, and people engaged in conversations — the amenities of a university civilization. Our human encounters will begin below, probably, in the spaces between the numbered building complexes; continue in the corridors near the offices; and retreat, when desirable, into the teachers' private rooms.

into the teachers' private rooms.

I do not expect a sacred hush where Israelis congregate, but the noise level should abate when the labourers shall have finished their hammering and shouting, and we all get used to lowering our voices. I anticipate going up to the hill with a keen delight in the ride itself, the convenient and comfortable and attractive environment awaiting me, the open-shelf library plentifully supplied with the books I need and room in which to work, and the quiet retreat of my study.

From time to time, I shall also stretch my legs and go out, to drink in the view of the Eternal City. I may even take a stroll "around the walls." Some critics have complained about the millions spent for those buildings, at the expense, no doubt, of students, salaries, and books. But how can one measure the cost and the value of that priceless landscape, and the inspiration it may bring? We have always been The Hebrew University — in Jerusalem.



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# ALL IN A NIGHT'S WORK

By EPHRAIM KISHON

THE OTHER DAY, our Renana decided to set herself up financially, and put up a notice at the neighbourhood bookstore as follows: "Reliable girl of good family interested in part-time babysitting. Please call 4-6." Nobody told 4-6, but one potential customer, a Mr. Winternitz, phoned to inquire after the age of the reliable girl of good family, and the semantic implications of the "part-time."

Out of loyalty I raised my daughter's age to 13½, but as for his second question I could only hazard a guess that the "part" stood for a couple of hours' babysitting rather than a round-the-clock service.

THEN I summoned my wife to an emergency session and we voted unanimously to suppress our little girl's initiative in the bud, commendable as it might be.

"I'm pleased Renana wants to work and not play the stock market like all the other kids in the neighbourhood," I told my wife, "but I'm dead against it. She'll never be able to cope."

Not that she's sickly or anything. She's fit as a flea is Renana, and not much stronger. She's a rather frail little girl, that is to say, and on top of that she likes to sleep at least 10

to 12 hours a night. In a word, approve as we might of our daughter's striving for economic independence, we didn't think she was cut out for professional babysitting.

"Don't worry," my wife assured me, "I'll talk her out of it in no time."

She was as good as her word, or nearly so. After a fairly brief tête-à-tête — one tête yelling its head off most of the time — my wife came back to report: "We've reached a compromise. Renana will babysit — not on her own, but with her best friend Nava."

"So where's the compromise?" "Dunno," said the little woman. "It sounded like a compromise."

OH WELL, I told myself, they can share the workload, half a sit is better than no sleep. Now there only remained a few technicalities to see to, like Nava's parents for one thing, whom I had a hard time persuading that a split sit would cause their frail daughter no harm either.

Next I made a clandestine phone call to Mr. Winternitz and offered to pay the full wages of Renana's co-sitter. I also found out that Mr. W. worked at night and that Mrs. W., the mother of the to-be-sat baby, had been taken by a bad toothache some eight weeks back and had moved in with her dentist, a divorcee of two months standing.

Opening night went off with hardly a hitch.

Renana put on her gym suit and picked up our cat, Kitty, to take along, because she can't fall asleep without her. Me, I picked up Nava and drove the two of them to their workplace at the other end of the neighbourhood, promising faithfully to come for them at 5 a.m. which, as it turns out, is when Mr. W. was due home.

"Don't fuss," said my independent daughter trembling in every limb, "I'll be fine."

THE LITTLE WOMAN and I didn't sleep a wink all night. I got up at 4 a.m. and raced through the dark to the Winternitz residence, which was just as well. I rang and knocked and rang and kicked the door, but no one came to open. In the end, I forced a kitchen window.

A quick nose count revealed that both halves of the babysitting team were present, though comatose. Nava was snoring softly in an armchair, the sat baby was screaming itself blue in the face on the living room carpet, whereas Renana lay curled up in the baby's playpen, Kitty in her arms and her thumb in her mouth. Her thumb, not Kitty's.

I took prompt action. The team was transferred bodily to the back of the car and Baby returned to its home-base in the pen — just in time, too, because at that moment Mr. W. arrived home. He appeared very pleased with the performance of the Babylonian night shift and paid on the spot. The youthful babysitters, it's true, looked rather wan and had dark rings under their eyes, but the money was unquestionably money.

"See, Daddy," Renana whispered, hoarse with fatigue but with a note of unutterable bliss in her voice, "I told you I'd be fine."

On the way home, the money in her pocket was already hard at work. She herself dropped into bed and slept till sundown.

A RECONSTRUCTION of the night's events revealed that everything had gone smoothly at first, and only after 10 minutes or so had the two sitters fallen asleep. Kitty had woken them up at midnight, by which time Baby had got as far as the porch and was about to crawl out for a night on the town. The fugitive was dragged back under protest, and no one is very clear about what happened next, except that no lives were lost in the skirmish.

For all that, we felt it was time to call in Regina.

Our good old babysitter, Regina Fleischacker, you may remember, lives way out in Holon. It needed a bit of coaxing to bring her back out of retirement, but in the end she agreed to join the team in the disguise of an old Winternitz aunt, on two conditions:

"A cab from Holon and back," Regina stipulated, "and double pay."

"Why double?" "Because I've got three babies to look after, don't I?"

She had a point there. I got in touch with a taxi company to arrange for Regina's nightly transportation and found out they charge special rates after 2 a.m., but I had no time to haggle with them because I had to rush off to a watchmen's agency to hire an escort for the girls on their dark miles to Babylon and back. They weren't cheap either, and I began to see what all that weeping by the rivers had been about.

The little woman argued that we might cut down expenses by taking the baby to our place for the night, but I pointed out that the psychological damage to Renana would be incalculable, and we didn't want to throw the babysitter out with the bathwater, did we?

We didn't, though we were sorely tempted on the following night when a major new problem cropped up: the two youthful wage-earners had grown hungry roundabout midnight and had felt an irresistible craving for spaghetti, but Regina had refused to make them any.

"I'm a babysitter," she told us fiercely, "not a cook!"

Accordingly, I signed on the Seligs' fat cat to go over to the Winternitz establishment every night and feed the team and Kitty,

against an immodest monthly fee. That left just one minor difficulty, namely the fact that Nava and Renana tend to stumble through the Winternitz home like sleepwalkers with their eyes half closed, leaving a trail of overturned furniture, smashed vases and dropped food behind them. We never even tried to approach Regina on the issue, well aware that she is a babysitter, not a maid, but bribed our own daily to go over there at 4 a.m. and...

"ENOUGH!" the little woman shouted at me one morning, slightly hysterical. "We've got to stop this before it gets out of hand."

She had another little talk with Renana, and the compromise reached this time was: nothing doing.

It appears that the sweet taste of an undeclared income has gone to Renana's head: the last I heard she was planning to buy linked bonds, sell them at a staggering profit and buy heaps of bubblegum.

My wife, for her part, has gone to the dentist to beg Mrs. W. to return home to her husband or, alternatively, give us her baby for adoption. As for me, I've hired a private tutor for Renana, who sleeps through most of her classes. I've also been to see my lawyer. My lawyer says I might be able to charge all my Babylon overheard to deductible expenses, provided I write a piece about it, thereby turning it into a source of income.

Which I've hereby done.

Translated by Miriam Arav

By arrangement with "Ma'ariv"

## Final act

By ROBERT ROSENBERG  
Special to The Jerusalem Post

SINAI'S wild winds swept into the last community of Jews still there on the eve of Passah.

Sand that had once been held at a distance by gardens, roads and endless sweeping has crept up on the outlying roads. A two-storey villa, overlooking green gardens and fields of a meshav, is now a skeleton. Windows, doors, roof, interior walls have all been removed. Somewhere between Passah and Remembrance Day a bulldozer will demolish the skeleton.

And in the town of Yamit, which promised its residents a better life than in smog-ridden Tel Aviv, or traffic-congested Jerusalem, packs of teenagers with kippot and the beginning of beards wander the streets. They hold books of religion and exchange stories of how they dodged army patrols. Some of them had broken into apartments or blockhouse-like cottages. Some make use of sleeping-bags; others stay up and hope for the arrival of soldiers, and the confrontation that will assist their future in politics.

"It's a ghost town," one Yamit founder says, who's still to sign the agreement about compensation, and who hasn't done his packing yet.

"It's the Wild West," says a reporter who's covered the town over the last two months.

THE OBSTINATE founder of Yamit talks about living in the "here and now." He's avoiding thinking about the past and future. The future, in particular, worries him. But he was born in Siberia and has lived through a lot. "I'll manage," he says. "I don't need the room at

the Beersheba Absorption Centre or a tent at the Wailing Wall, or outside the Knesset." He laughs, his serenity is as absurd as the religious teenagers' belief that the messiah will arrive if the withdrawal stops.

The teenager, hitchhiking at the entrance to the long, smooth-paved road that leads into the town, swallows the ends of his words and talks too fast. I wonder if it's just me or whether anybody who listens to him can ever be quite sure they understand what he says.

He proudly recounts how he escaped the army, which arrested him when he landed from a fishing boat.

When we pull into town we see about 75 teenagers crowding around Kol Yisrael's mobile broadcasting station, a dark-green van parked not far from the war memorial that Geula Cohen's son and his friends have occupied.

"Parasites, liars," the teenagers are shouting, led by a Golan resident whose wife became famous when she was filmed screaming as a pair of women soldiers tried to pry her loose from one of the wooden frame windows at Hatza Adar. Somebody has crawled into the

broadcasting van, and threatens to pluck the wires out.

THE ENTIRE showdown in Yamit is clearly for the journalists. Everybody needs them. The prime minister needs them to prove that he means what he says about giving back Sinai — that's what the cranes working 24 hours a day, at a cost of as many millions as the value of the property they are relocating to the north are all about. The defence minister needs them to show that his soldiers obey his orders and nobody else. And the squatters, for instance, the three women sitting on a roof in one of the meshavim, need the journalists.

They say they have no water or electricity. They repeat the perennial refrain in Yamit — "If only people knew the truth. If only they knew what was written in here," one of them says, picking up a dog-eared copy of a Tehiya party pamphlet. The radio reporter listens, and then observes to me, "They chose to be up there without water and electricity. If they had water and electricity, now that would be a story."

EARLY IN the morning the Beduin women are in the drying wheat fields between Yamit and Sadot. They pick the green stalks. Graceful in their black robes, they pick the green stalks. As I pass in the car they lift the corner of their hood to cover their faces. A little boy sits on a camel watching the traffic and the hitchhiking protestors against the withdrawal.

"Where do you want to go?" I ask one of the hitchhikers. "North, out of here," he says.

## Second Look\*

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## THE EMIN SOCIETY ISRAEL

### Who we are

#### Further clarification

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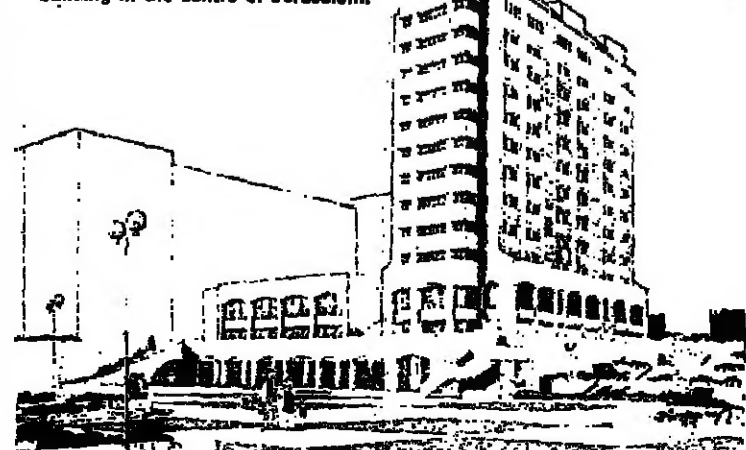
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ACTIVITY holidays are becoming increasingly popular all over the world, as people seek rewarding ways to spend their free time. Israel is no exception to this trend, although many of the leisure time occupations offered as vacations, tend to be associated with the history and topography of the country rather than arts and crafts or similar hobbies. Archeology, bird-watching and cliff-climbing are all fields in which Israel can offer particularly rich varieties of experience.

There are a number of archeology study programmes geared for both the armchair and the pick and shovel enthusiast. These are run both by private tour organizations, and by public bodies such as the Department of Antiquities of the Ministry of Education and Culture.

In Jerusalem, Archeological Seminars Inc. Tel. 02-247525, 02-272660, offers sessions ranging from one day to one week in duration. A typical one-day programme starts with a basic orientation lecture giving the background to the particular excavation being studied. Participants then go by foot on a field trip to look at the actual excavation site, and return later for a final summary session in the seminar centre. The emphasis is on a popular and informal approach, with participants encouraged to ask questions and join in the discussions. A typical day's programme runs from 8.30 a.m. to 4 p.m. and costs \$12 for adults, \$9 for students and children. Bernie Alpert of Archeological Seminars finds these programmes popular both with individual tourists and local residents as well as families and organized groups.

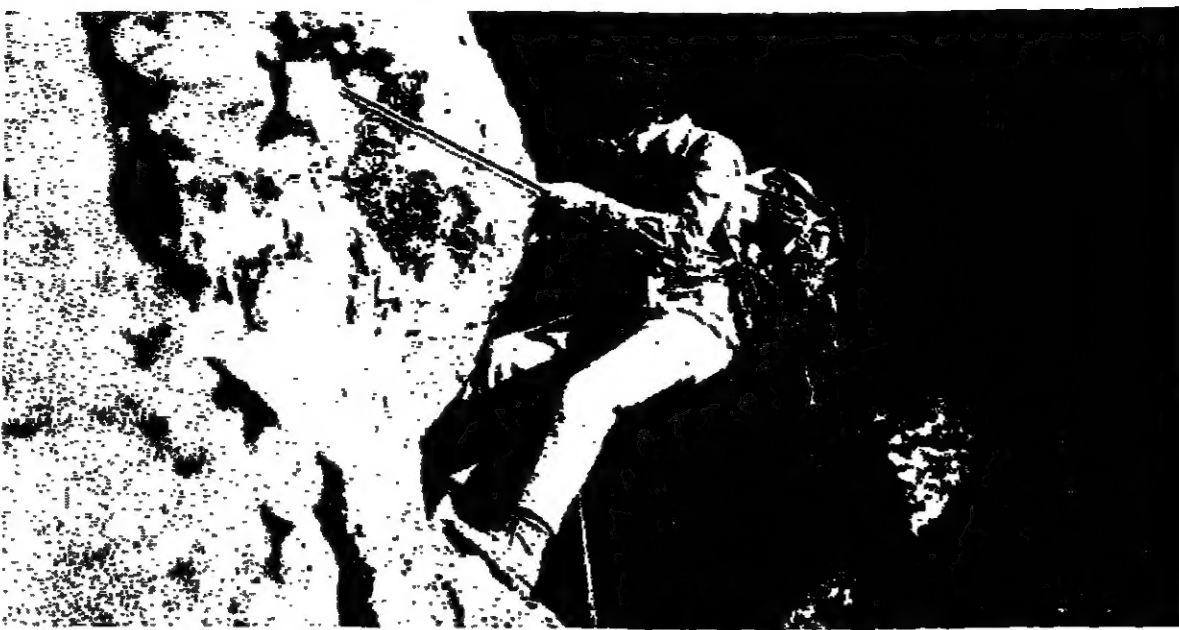
\* If you dig the idea of a dig, and would like to volunteer for more ac-

tive participation, the 1982 English-language listing of current excavations is available through Marta Retig at the Israel Department of Antiquities and Museums, P.O.B. 586 Jerusalem 91004, tel. 02-285151. This informative pamphlet details conditions and hours of work as well as describing the sites. Some digs provide accommodation and pocket money, others do not. The minimum period for which volunteers are accepted is usually one week, and the archeologists in charge make a point of giving both formal and informal lectures on the history of the site throughout the dig. The main excavating season in Israel runs from June to September, although there are a few digs during the winter and spring. Apart from the 34 sites officially listed as seeking volunteers this year, there are additional rescue excavations which may turn up unexpectedly. This week, for example, workers in Nahariya, excavating for a new shelter, turned up some interesting antiquities, and the Department of Antiquities hurriedly put a rescue team together and sent them off north.

I was drawn into one such dig last summer by archeology buff Marty Isaacs, author of *Marty's Walking Tours of Jerusalem* (Carat) Setting off at dawn we reached the excavation site, a bare hill near Neve Ya'acov, in the cool blue early morning. People of all ages, from many walks of life and as many countries, were enthusiastically hoeing at the rock-hard ground or carting bucketfuls of dirt and rock for sifting. There were exciting rumours of a yet to be unearthed mosaic floor, and we had to be careful not to put the picks through any tesserae that might still be fixed in place. I found some tiny frag-

## Where the action is

From digging up rocks to climbing them, an activity holiday is a different way of spending time, writes Sandra Pepys Heidecker.



ments of ancient glass, and a few earth-encrusted tesserae, before retiring, happy but exhausted, with backache. The other volunteers were more persistent and were rewarded a few days later, not with a mosaic floor, but with more conventional treasure trove — a hoard of ancient gold coins.

After digging hard during the holiday, you might feel like something more sedentary. An increasingly popular activity, which requires little physical input other than some

easy walking, is bird-watching (feathered variety). The Society for the Protection of Nature has produced a film on the subject which is guaranteed to enthrall even those who have never noticed what a wide variety of winged visitors pass through this country. Ornithologist Yossi Leshem of the Har Gilo Field School relates that 750,000 migrating birds, of more than 120 species, pass over Eilat from the end of February to the end of May, and some 2,000 birdwatchers from

abroad come to Eilat to see them. One can meet both the birds and the watchers through the auspices of the Eilat Field School. In addition to operating a bird-ringing station, the field school organizes several bird watching expeditions every week during the migratory seasons. Tours start at the North Beach and include a briefing on what types of birds may be encountered on the walk.

If you feel like a more physically challenging leisure activity, the

climbing centre at Metsukei Dragot, above the Dead Sea, can offer you awesomely energetic desert experiences. Belonging to Kibbutz Mispel Shalem, the centre consists of a number of pre-fabs offering board and accommodation to would-be and also experienced climbers as well as to families who want the mountainous desert experience without the climbing.

For the budding mountaineer a 24-day introductory programme is now being offered. This costs \$75 per person including food, guide, tuition and use of all rappelling equipment. A car is sent down to the nearest bus stop, on the Dead Sea shore, to meet those coming by public transport. The course starts on the evening of arrival, with an introductory lecture after supper. Rising early the next morning, all participants go to a nearby wadi to spend the day practising climbing techniques. Day two is the adventurous part of the course, spent climbing down dry waterfalls in the vicinity of Metsukei Dragot.

On returning from the descents in the afternoon, participants without cars are taken down to the bus stop to await the return bus to Jerusalem. For those coming with their own cars, the journey from Jerusalem takes about one hour. Climbing courses at Metsukei Dragot can be booked through a travel agent, such as Promised Land of Jerusalem, whose Sue Freed is an expert on activity holidays, or directly through the centre itself, director Arye Kif, tel. 057-84340.

Another way of getting down mountains is not to climb, but to fly. The latter-day emulator of Icarus has, of course, modern technologies available to help him achieve a successful descent. Having seen the Israel Hang-gliding Association

float off Mt. Tabor one sunny winter morning, to hover like great birds over the green and chocolate patchwork of the Jezreel Valley, it was not surprising to find out that there are more than 250 practising enthusiasts in the country. It is one of the more costly hobbies, though, with full equipment costing up to \$2,000 at the Hang-gliding school in Bat Yam, at 124 Balfour St.

For the more down to earth, there is yet another holiday activity organized by the Society for the Protection of Nature. This is spelunking — exploring caves. The newly established Israel Cave Research Centre, based at the Ofra Field School, offers a choice of tours and study seminars. Spelunking experiences and field trips are graded according to difficulty — some are suitable for the average hiker, while others involve descents for which one has had to have learnt the appropriate techniques. The Cave Research Centre will hire out the necessary equipment including mountaineering and rappelling gear, rope-ladders, bat nets, and, for the scientifically minded, instruments for measuring water-acidity, and soil carbon-dioxide as well as ultraviolet lamps for testing stalactites. The centre's director, Amos Frumkin, tel. 02-954411, plans to produce English-language publications in the future in addition to the present Hebrew ones. These will include a field guide to Israel's bats.

Finding out about activity holidays is not easy, as most associations dealing with the subject are run by enthusiasts who are usually out doing whatever they are enthusiastic about rather than sitting in their offices by the telephone. The Sports Authority, tel. 02-242341 is usually another good source of information.

## Bedtime story

Lounge around in this lingerie, suggests Greer Fay Cashman.



From bed to worse — sleepwear by Ayala.

A FREQUENT lament of Israelis coming home from a visit to London is that Israeli-made clothes are cheaper there than here. The difference in price can be as high as 30 per cent, conceded Avner Kotzer, General Manager of Jerulin during a recent press tour of the

Jerusalem-based Bagir subsidiary. The reason is that unlike Israel, England has no sales tax, in addition to which merchandise sold for export is free of certain duties imposed on the same category of goods released on the local market. Import taxes on yarns and fabrics

can account for as much as 60 per cent of the price to the consumer. If you think that IS550 is steep for a long summer nightgown or IS695 is too much to pay for a short-sleeved summer robe, bear in mind that 85 per cent of Jerulin's fabrics are imported, and that the government is taking its cut.

The cost factor failed to have a negative effect on Israeli buyers last year: according to Kotzer, Jerulin supplied 40 per cent of the needs of the local market.

Jerulin is one of the Polgat enterprises, and was the first of the three Polgat factories operating in Jerusalem. The sleep and leisure wear designed by Lena Katz is available in the Polgat chain of shops plus 110 other retail outlets across the country.

For the most part, Katz's styling is feminine, but not overly sexy. Cotton polyesters with a batiste texture are produced mainly in white, pastel pink, blue or yellow with lace trims and inserts. There are also some attractive floral prints, bright stripes and embroidered terry cloth. The latter retails for IS750.

This summer, Jerulin is expanding its lines to include skirts, blouses and T-shirts designed by Jacqueline Gal, available only in the Polgat chain for the time being.

Jerulin caters only for women. Ocean (formerly Moeve), a more veteran robe manufacturer, is producing pure cotton towelling robes for men, women and children for beach, bath and bedroom wear. Choices are both sporty and



(Left) Night-gowns for summer nights by Jerulin (Right) Robes for disrobing, in towelling by Ocean.

elegant, in varying lengths, with and without hoods. Wrapped classics are highlighted by bands of stitching on facings and cuffs and an occasional addition of gold thread. Sportier concepts have striped shoulder bands and pocket edges and the more dramatic hooded ver-

sions exude a sense of luxury with deep-cut dolman sleeves and wide bands of contrast colour.

Terry cloth is a hot favourite fabric for leisure this season. Ayala has given it the full treatment in sun-dresses, T-shirts, shorts, knickers and overalls with a cheeky

but charming impact. The concept has not been followed through in Ayala's bedroom attire. Baby dolls in synthetic diaphanous fabrics are more suggestive of pornography than cuteness and imitation silk brocade robes and night gowns have an awkward cut aimed at sexiness,

but surely uncomfortable for anyone with less than perfect proportions. A G-string topped by a floppy head is priced at IS412. The night-gown which covers a great deal more of the legs and the torso sells for IS696 and its matching robe costs IS855.

## Wet look

Emma Kimor gets on swimmingly.

SWIMMING is rated highly on the scale of sports recommended for physical fitness. Here in Israel, there are inveterate bathers who will swim — indoors or outside — day in and day out, come summer or winter. But what about those who cannot swim and yet wish to be fit?

For the expert back-strokers and the expert dog-paddler alike, there is an excellent way to exercise in the water without swimming: AQUATHENICS — "aquathenics" or, simply, physical fitness in the water.

Developed by Sue Kelemen of San Francisco some 12 years ago, aquathenics is a programme for body-conditioning and figure improvement which consists of 150 different exercises, performed to a rhythmic count for about a one-hour period each time.

Much like hydrotherapy for the disabled — only it is a differently organized set of exercises done to a count, for non-disabled persons — aquathenics works on the principle that in the water, there is no gravity to contend with yet there is increased — yet seemingly not strenuous — energy expenditure.

On the one hand, the body mass is lighter: you are sustained easily by floating in the water. Yet on the other, the body works against the resistance of the water which increases the difficulty of the workout.

Muscles thus activated necessarily become stronger, firm up and develop tone as well as flexibility — with little or no muscle soreness or fatigue.

Seemingly without great effort, you burn up energy in the water. Aquathenics is based on the idea that you use more energy moving

about in and pushing the water than "padding" the air. Your effort makes you breathe deeply and this brings about increased oxygenation in the body organs and, in turn, increased vitality.

It has been found that pushing the water for one hour without rest, uses the same amount of oxygen as jogging 3 to 4 miles — without the fatigue of joint-jarring associated with it — or as two hours of floor exercises. You finish up feeling good, refreshed and ready for action.

As in all sports, it is good to start doing aquathenics with a warm-up exercise. Stand with your back to the side of the pool, the water reaching slightly above the waist. Pull the right knee up to the chest with both hands; and then the left. This gets the blood circulating and the muscles warmed up. It also helps to tone up both leg and arm muscles and, if kept firm, the stomach muscles as well.

Next it is good to do some jogging in place in the water, without trying to advance through it. This may be alternated with jump kicks: bringing the knees forward to the chest, then extending straight legs forward, backward and to the side.

FOR THE "crab crawl," you stand facing the side of the pool with feet about a metre apart. Holding on to the edge, crawl up the side of the pool until your toes surface, and then climb back down. This exercise works the muscles of legs — particularly inner thighs — and stomach. It also exercises the hands, arms and shoulders.

Each group of aquathenics exercises flexes different joints and tones many muscles. Included in the session is "playing" the piano, "riding" a bicycle, "dancing" ballet and the Charleston, and more. You have floated, kicked, crawled, flexed, bent, stretched, contracted and relaxed; and just standing in the buoyant water, you have used muscles you don't ordinarily use in order to stabilize yourself.

Aquathenics experts say these exercises will help you lose inches, but not weight as this requires a diet. It seems as if the inches float away — which is explained as being the

result of the muscles tightening up.

The emphasis in aquathenics is on the recreational value of exercise. One may find, however, that it includes therapeutic advantages such as relieving backaches and arthritis and, it is claimed, even heart trouble; aids limbering up before giving birth and post-natal firming up; and pre-conditioning for other sports such as skiing, tennis, hiking. It may even seem as if one's swimming improves after doing these exercises. (One woman who was afraid of the water, after taking a four-week course, became so relaxed in the water that she decided to learn

to swim.)

Found to carry a low risk of injury as compared with other sports — "Some physicians have reservations about jogging but none worries about you in the water," according to the executive director of the (U.S.) President's Council of Physical Fitness and Sports — aquathenics also has the advantage that it has no age or sex restriction. It is for everyone.

Aquathenics exercises can be done by a textbook (*Fun With Aquatic Callisthenics* by Sue Kelemen), by memory, and with personal adaptations.



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# Today Leisure

## Well timed

Sharon Kanon homes in on target.

TIME. There's so little of it and yet it always seems to get wasted. But by understanding and implementing the principles of time management, we can learn to make the most out of our short 24-hour day.

"Do you use time management?" asked a friend of mine the other day, knowing that I had co-authored a book with my husband on the subject. "Without it, I wouldn't survive," I answered.

My husband teaches courses in the effective use of time, and is a computer and systems consultant by profession. At home, he is also a consultant — which means that he doesn't even take the garbage out. That leaves me with the managing and the doing.

Just like every other woman in Israel who combines running a household with a career or other outside activity, I am caught in a time squeeze. Besides set hours on the job, household and family can consume infinite "overtime" hours. On or off the job, basic time management concepts can be applied by the modern working woman (and man) to every aspect of her life. Following are a few practical suggestions that can put you on the right time management track.

**PICK YOUR GOALS.** It should be obvious that you can't use time well unless you know what you are using it for. Goals should be both long-term (educational and professional growth, good family relationships, financial security, etc.), and short-term (more specific — learning a

new skill, taking a course, even cleaning the house).

A good friend of mine — the mother of seven children — decided that obtaining a college degree is an important goal. Sitting in a linguistics class discussing syntax, she is able to take a break from the "mother" job and prepare for her future. What's more, she found that it is actually very good for everyone if she is out one night a week — from 4.00 to 8.00 p.m.

Break your goals down into very specific target activities. My friend, for instance, could not reach her goal without doing the following target activities: checking out the programmes in different universities, obtaining copies of catalogues, and registration materials; selecting courses, registering, rearranging her home schedule.

Make a full list of all the jobs you have to do. (It's so much fun to cross them off the list when they're finished!) It's much easier to do a job bit by bit — the "salami technique" — than to try to "swallow it whole," which is impossible.

If you're like me, you probably have a few neglected areas that need special attention. My kitchen

merpet (balcony) was my sore spot. It was at the top of my list of pre-Pessah target activities. (My daughter Laurie surprised me by tackling it. "Don't ask me what I threw out," she said. "I purposely did it when you weren't here.") Good rule: if you haven't used something for a year, you probably don't need it.

The third step for good time management is to write down a daily things-to-do list. Include important goal-targeted activities as well as special chores for the day, such as making meatloaf, going to the bank, writing your mother, etc.

**AN ESSENTIAL** part of making your daily list is identifying the important jobs — goal-targeted activities — and concentrating on getting them done. You may label these activities "A" jobs, or simply put a star (\*) next to them.

As you identify important jobs and get ready to do them, you should keep certain time management principles in mind. First, get the best return on the time invested. It's more important to do the right job than to do the job right. In other words, if you spend an hour cleaning the refrigerator spic-and-span instead of putting your effort into a

goal-targeted task on your list, you didn't use your time well.

Secondly, focus on the priority. Don't get side-tracked by the little errands, or the chores with very little pay-off. The tricky thing about goal-targeted activities is that they usually seem put-off-able. Urgent matters, on the other hand, elicit immediate action.

Give the target activity a sense of immediacy. Make a deadline, use a coloured magic-marker to make the priorities stand out on your list and prepare the materials you need to get started on the job. Visualize yourself doing the goal-targeted activity, picture the end result and the good feeling you will have after achieving your goal.

Remember, thirdly, to apply the principle of the vital few and the trivial many. This principle asserts that you derive 80 per cent of the value out of 20 per cent of the things that you do. Pick the few items on your list that are really important and concentrate on getting them done.

Finally, realize that perfectionism can be counter-productive. If you spend five times more time than you should on a project, you may be losing the benefits that could be gained from your effort on five other projects.

And, at home, don't try to be a "supermom." Your family doesn't need a robot mother who gets all the jobs done, or one who drives herself hard and then collapses from fatigue. An effective mother has time for TLC (Tender Loving Care), to sit down, to talk and to listen.

## Love or money

Respect for the aged is more important than a fat social security cheque, a seminar on the elderly was told. Ya'acov Friedler reports.



ate in the psychology of education. "They feel that the recognition of an old person's self-importance and the continuation of human relations with the elderly are more important to them than the luxuries a fat social security cheque can buy."

"IN OUR CULTURE," we don't leave the old alone, or put them away in old-age homes. They do not suffer loneliness. Gratitude is a very important value for us — giving back to the old when they need us, what they gave us when we were very young and needed them," she says.

But in Thailand, too, changes have occurred — particularly as a result of urbanization — that affect the traditional respect accorded to

the elderly. The "generation gap" phenomenon, said Salasue with regret, has become familiar in Thailand where, as "the youth become more educated, they want to reason out what they do and not believe as they are told."

DR. ANNE GOGGE-BOVYN, a radiologist from Ghent, Belgium, looks at the problems of the elderly from a "First World" point of view. Her interest in the elderly stems from her contact with them at the hospital where she works.

Belgium has a highly developed social security system, with everybody assured of assistance and pensions.

"Our problem is that the system

gives us a clear conscience: We feel that we provide attention and our time — which are exactly the needs that are irreplaceable," she said.

In addition, Gogge-Bovyn said, this system has cultivated an expectation of social assistance and a tendency to ignore one's duties to society.

She added that she fears that Belgium's whole social security programme may collapse because only 30 per cent of the population are actively working which eventually will not be enough to support it. She noted that the reliance on social security had reached a stage where people no longer saved but spent everything they earned, relying on the state to take care of the future.

SANTOSH Mahendrajit Singh, a 59-year-old mother and grandmother, is a volunteer welfare worker from Kanpur, a large industrial city in the northern Indian state of Uttar Pradesh. She told the Post that the custom in her society is to "look after the aging in their own homes."

"(Old-age homes) are a new feature, very limited and largely benefiting middle-class society which can afford them. These people have gotten used to independent living and though they may be living in high-priced flats, don't have enough space for the elderly in them."

The Israeli experience of dealing with the aging is somewhere between the developed- and developing-countries' extremes. The seminar included visits to kibbutzim, which have aroused great curiosity, and local welfare institutions for the elderly, as well as sites of historical and cultural interest.

## ENERGY & THE CONSUMER

### Cable Television — Danger to the Public and Legal Offence

Some three years ago the Electric Corporation lodged a complaint with the police against a Netanyahu resident and owner of a closed circuit television station. It turned out that the fellow had stretched cables between buildings on Rehov Jabotinsky in town above the high tension wires. The operation was both illegal and implemented in slipshod fashion. The cable tore and fell upon the high tension wires, gravely endangering passersby.

It is a fact that in Netanyahu and other places in the country, there are more than a few private central antennas broadcasting closed circuit television programmes. They boast a large number of subscribers with a one time payment as membership dues and annual maintenance costs.

Aside from the fact that these antennas have been operating without Communications Ministry licence, Electric Corporation experts maintain that they constitute a serious safety problem because of the cables which, in many instances, are stretched above low or high tension electric wires.

The cables are mechanically weak, which increases the likelihood of their tearing and falling upon the open electric lines. This will lead to electric tension spilling over into many homes and the attendant grave danger of electrocution. Due to considerations by the State Attorney-General, the Netanyahu resident was not brought to trial. Nevertheless, the Attorney-General, in a letter to the Electric Corporation's legal department, noted that he attached importance to the matter, and one ought not to conclude from this particular instance that legal charges will not be lodged against future offenders. It is important to point out that the Deputy Director-General in the Energy Ministry had once recommended that a stop be put to the operations of neighbourhood television stations, and emphasized that their dismantling must be implemented in coordination with the Electric Corporation.

### Electricity — From the Wind

Are there sufficient winds in the country? This question is now being studied by the Electric Corporation's Research and Development division, in the framework of the study being conducted on the exploitation of wind energy for the production of electricity.

Throughout the world today there are huge wind operated turbines farms. Each turbine has a production capacity of 2.5 megawatts, so that a multi-turbine farm can attain to an approximate 50 megawatt supply. The aim of the survey is to ascertain whether the wind quantity in the country is sufficient for worthwhile use of these farms. On the basis of these surveys, the Corporation's Research and Development division will present its recommendations regarding the economic and other aspects of the matter.

Up-to-date equipment is being used by the Electric Corporation staff in the implementation of the survey, included in this equipment is a balloon, 2 metres in diameter and 3.5 metres long, with a radio transmitter beaming wind direction and power data. Presented as a Public Service by the Israel Electric Corporation Ltd.

## Pack up your troubles

Doreen Mishcon is equipped for all eventualities.

PACKING for a trip does not have to include a last-minute scramble, throwing tons of useless things into a case and hoping for the best.

A little thought given to the type of holiday or trip on which you are embarking, and knowing you are equipped for all eventualities will add enormously to the pleasure of your stay.

On a sheet of paper, under headings such as "travel," "sports," "day," and "evening," list all the clothes suitable for the climate, geography and activities you envisage. Hang up or place in piles on your bed the things you want to pack. It's an ideal way of mixing and matching colours, choosing accessories, avoiding duplication, making brutal eliminations, and not forgetting something vital.

Never travel without a coat. "Freak" weather can occur anywhere and it's miserable to be cold. If you are uncertain of the climate or geography of the place you are going, plan to take extra sweaters and cardigans to peel off or add to the skirts and pants you're wearing.

Co-ordinated separates made of easy-care fabrics plus a variety of T-shirts and blouses make for a light and versatile travelling wardrobe. Always pack at least one glamorous outfit for the unexpected formal occasion that may arise.

Shoes weigh approximately one-half kilo per pair and are bulky. Pack as few as possible, making sure that the ones you take will go with all your clothes. Always remember to bring a comfortable pair of walking shoes.

Some people use special "hold-alls" for their underwear and accessories, but there is an excellent alternative. Buy a packet of small plastic bags (30 cm) and use them to pack items separately. This allows for easier unpacking and repacking. Incidentally, if you have time to make cloth shoe bags ahead of your holiday, you will find them useful. (They also make welcome gifts.) Stuff the toes of your shoes with soft items so they will keep their shape. Slip plastic-bag covers — saved

from the cleaners — over dresses and skirts to ensure that they emerge without creases. Another tip is to pack skirts and dresses inside out; they tend to crease less, and wrinkles will not show as much.

A Saville Row tailor once showed me how to pack a tailored jacket in such a way that it emerges band-box fresh at the end of the journey. Stuff the sleeves with tissue paper, turn up the collar and turn the sleeves inside the two fronts, putting tissue paper under each shoulder. Lay it flat in your case, as near to the top as possible.

I ALWAYS cover the contents of my suitcase with a thin towel, tucking it well around the sides. It holds everything in place, looks neat at the security check, and you have the towel for exercising or swimming purposes.

The most useful gadget you can pack is an immersion heater, which can be found in most electrical shops. Make sure you know exactly how to use it and whether the voltage is right for the countries you will be in; if not, take an adaptor. You will then be able to have a hot drink whenever you want, and will save a surprising amount of holiday money.

Pack instant soups or chicken bouillon cubes, instant coffee, tea bags, powdered non-dairy creamer and sugar or a sweetener, plus packets of Marie biscuits or cheese-flavoured crackers, or perhaps a bag of the small bagele which last indefinitely.

**Essentials to take on holiday:** Small air-mail paper-pad and envelopes; first aid kit; sewing kit; hot-water bottle; washing powder in a plastic bag; tube of (Scholl's) foot balm; sunburn cream or lotion; tube of neutral shoe polish rolled in a dustier; plastic coat-hanger; scarf; sun-hat; rain hat; plastic raincoat; folding umbrella; shower cap; bathing cap; transistor pocket radio; travelling alarm clock; tissues; cotton-wool; aspirin; thermometer; paperback books.

Today is edited by Joanna Yehiel.

**A GUIDE TO SHOPPING AND SERVICES**

THIS COLUMN WISHES ALL ITS FRIENDS A HAPPY AND KOSHER PESSAH!

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### SICILY EVERY FRIDAY

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**POLGAT CHAIN STORES**

**THE POLGAT ENTERPRISES**

POLGAT CHAIN STORES is part of POLGAT ENTERPRISES, the largest textile conglomerate in Israel. This retail chain store manages a total of 13 shops all over Israel. In BEGEG-OR, VAN DYKE, IWANIR and POLGAT-OUAMAN stores. These stores sell to the Israeli public and tourists visiting Israel, the garments which have made the names of BAGIR, VAN DYKE, LADY BAGIR, OUMAN and BEGEG-OR famous all over Europe. The Polgat group is by far the largest Israeli textile goods and garment exporter. The spring and summer collections on sale comprise tailored garments for women and men, such as suits, blazers, skirts, slacks, shirts and blouses etc. The BEGEG-OR leatherwear is so well known internationally that there is no need to emphasize it. The various shops specialise in different lines: the VAN DYKE in tailored garments; the POLGAT-OUAMAN shop in tailored as well as sports wear; the BEGEG-OR shops in leatherwear and the new IWANIR in Tel Aviv and the new POLGAT-NATANYA shop offer all the selections available at the other shops as well as high fashion ladies wear, baggy wear and swim wear for both foreign and Israeli manufacturers. Whenever you look for top quality fashion, just visit the nearest POLGAT store whether in Jerusalem, Haifa, Tel Aviv or Natanya.

Tel Aviv POLGAT "VAN-DYKE" Dizengoff Center, 42 Albany St. POLGAT "IWANIR" 125 Dizengoff St. POLGAT — OUMAN 100 Albany St. BEGEG-OR — Tel Aviv 104 Ben Yehuda St. Dizengoff Center. POLGAT 15 Simat Masei Dagan, Old Jaffa 42 Jaffe Street, Jerusalem 18 Herzl Street, Haifa 12 Azmat Square, Netanya

### SPRING IS HERE

It is very important to know that before you put away any of your winter clothes for next year you must have them cleaned first. If you want them to be in good condition next season when you take them out of storage, be sure to have your clothes cleaned at LILI DRYCLEANERS the best in town, having just won for the second year in a row the BEST BUSINESS AWARD. At LILI's every garment is checked prior to cleaning (even those labelled with manufacturers instructions) so whatever the type and colour of the fabric, you're assured of perfect handling. They specialise in one-day service and, for an extra charge, you can even have EXPRESS service within a few hours. Your clothes come back looking like new. So, while cleaning for Pessah remember LILI DRYCLEANING at 283 Dizengoff, Tel. 03-445629, 12 Sderot Masaryk T.A. Dekel Cinema passage, Shikun Jerusalem 33 Ramon St., Monosson.

The BUY-LINE is a weekly featured shopping guide serving residents of visitors to Tel Aviv. To advertise in this column please contact SHULIE GUGENHEIM at the Jerusalem Post, Tel. 03-294222.

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A wonderful carefree vacation in the city of ELAT. Starting April 15 for the low price of only \$143.50 per person, includes three days (two nights) in a four star hotel, with breakfast, your flight to Elat and back and a one day yacht cruise on the Red Sea with lunch on board. For further details, contact AFKA, Tel. 03-413224/5, 233285. Tel. Aviv: 02-225888 Jerusalem: 04-843371 Haifa; or 053-23644, Netanya.

### HAG SAME'AH

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## Self-inflicted emergency

AS A CONVERSATION piece intended for the Seder table tonight, along with the tale of the Exodus from bondage in Egypt, Prime Minister Menachem Begin's renewed plea at Dimona on Monday for a national unity government — "of all Zionist parties in the country" — was, whatever one may think of it, beautifully timed. At the very least it will draw some attention away from such painful subjects as Yamit, the Golan, or the West Bank.

But was that plea a serious invitation to the Labour Alignment to join the present Likud coalition under Mr. Begin? Certainly the audience at the dedication ceremony of Ze'ev Jabotinsky Square in the Negev development town, which greeted it with applause mixed with laughter, did not seem to think so. Mr. Begin prefaced his plea with the statement that he did not care what the response to it would be — and he ended it by noting, not without a touch of irony, that he would "now await the response."

This is not the way to make an offer of partnership to an opposition party, whose parliamentary strength is more than the Likud's equal. What it is, on the other hand, except an amusing diversion, is an attempt to put the onus on the Alignment for the failure to get together in the face of the severe trials clearly awaiting the country in the days ahead.

The response of Labour leader Shimon Peres, on being informed of Mr. Begin's plea, was to turn it down flat, the same as he did when it was first floated last February. But Mr. Peres did not accede to Mapam's suggestion for a complete disavowal of any notion of a national unity government under any circumstances whatever. Such a disavowal would not, indeed, be in the party's, or the country's, interest.

In a dire emergency, for example, the unity of all national forces would plainly be called for. But this is not the case today.

Or if it is, then it is due not to any sudden threat from the outside but only to the fact that the Begin government had maneuvered itself into the tightest political corner ever — through its commitment to a doctrine of a Greater Eretz Yisrael which is to embrace all the occupied territories remaining under Israel's control after the final evacuation from Sinai. If Mr. Begin foresees some difficulty in selling this doctrine — which would leave a little over three million Jews to lord it over nearly two million Arabs in the Jewish State — to Israel's friends, including the U.S., he is absolutely right.

Yet this is the doctrine which formed the central plank in the Likud's electoral platform last summer, and which the premier views as unalterably binding on his government.

Mr. Begin must indeed expect that there would be heavy American pressure bearing down on him after April 26 for some meaningful concessions on the autonomy, and that these concessions would entail the abandonment of the grand design of a Greater Eretz Yisrael, at least for the duration of the autonomy's life. To help him withstand the pressure, the premier understandably wishes to broaden his popular support to encompass "all Zionist parties in the country."

Theoretically this could, of course, be achieved by coaxing the Alignment — or at any event the Labour Party — into coalition with the Likud. But Mr. Begin proposes to do it without making the slightest dent in his platform, as though his own specialized brand of Zionism represented the national consensus. That renders the entire proposition rather impractical.

On that basis it is possible for the premier, and his associates, to have a fruitful *ad hoc* discussion of pending security issues with Mr. Peres, and his associates, but not a regular political liaison. As it stands, the invitation to the Labour Party is an invitation to a self-beheading.

ON THE EVE of the commemoration of ancient Israel's Exodus from Egypt, it is safe to predict that in less than three weeks modern Israel will have completed its third withdrawal from Egyptian Sinai.

The late Anwar Sadat's insistence on the return of every last inch of "holy Egyptian soil" and his readiness to compromise temporarily — in deed if not in word — over Menachem Begin's own dedication to the "holy tie" between Israel and the ancestral territories of Judea and Samaria, determined the nature of the peace agreement between the two countries.

Sadat also bequeathed a reading of Israel and its leader to his successors, which has proved to be accurate: Begin is a hard man to bargain with, but a man of his word in honouring agreements.

It is only right to stress again and again Israel's determination to adhere to the peace agreement, despite the replacement of the early, one-sided euphoria in Israel with a much more realistic appreciation of the limits of peace in the light of reality.

THE REAL COST to Israel's security — or the benefit to its deep interest in an abiding peace with the Arabs — that is entailed in ceding all of Sinai to Egypt, will only become clear in time. The psychological costs of some ostensibly marginal spin-offs from the withdrawal process, however, are already becoming evident.

It may even be that in the long run some of these by-products will have a lasting and profound effect, perhaps equal to that of the withdrawal itself. Consider the following:

□ The Abdication of Leadership: During my periodic visits to the Yamit and Rafiah Salient areas over the past three years, one question invariably cropped up: "Why hasn't Begin come to talk to us and be with us in our hour of need?"

Indeed, one of the gnawing questions surrounding these difficult three-and-a-half years has to do with this very impression of an abdication of leadership and responsibility in the wake of a traumatic decision.

Not only has Begin failed to appear in Yamit to offer moral support and leadership to settlers who came

as pioneers and now feel abandoned, his ministers and other government leaders have also been conspicuously absent.

With the exception, that is, of a fairly long list of officials who came to haggle over money or to sow confusion about Israel's intentions regarding her commitment to withdraw.

This abdication of political leadership and responsibility was made all the more obvious recently when President Navon visited Yamit to perform the very function that Begin should have taken upon himself.

In 1956, Prime Minister David Ben-Gurion waxed lyrical over the prospect of a Great Israel Commonwealth which he believed had been opened up by the whirlwind conquest of Sinai that fall.

When it became clear several months later that Israel would have to evacuate every inch of Sinai and the Gaza Strip, which had been used as a base for murderous *fedayeen* attacks on helpless Israeli civilians, Ben-Gurion took the lead in explaining to the people, over and over again, the painful, but realistic, facts of political life which compelled Israel to return to its pre-October 1956 lines.

That was an example of how leadership should function in adversity.

The present decision to return all of Sinai to Egypt and to withdraw from the Yamit area was the civilian equivalent of a military decision to tactically retreat. In long wars, such retreats are often essential for the eventual attainment of broader, long-term strategic objectives.

In such situations, the role of leadership in maintaining morale and in inspiring continued dedica-

# ABDICATION OF LEADERSHIP

The Post's YOSEF GOELL takes the government to task for failing to provide moral support to the Sinai settlers 'who came as pioneers and now feel abandoned.'

tion to the larger goals is particularly crucial.

□ Money grubbing and the plague of lawyers: Yamit is not the first area of Jewish settlement from which Israel has had to withdraw. There were Mishmar Hayarden, Neve Ya'acov and Aterot, Gush Etzion and Beit Ha'arava and the Jewish Quarter of the Old City of Jerusalem, during the 1948 War of Independence.

There were real Israeli war refugees then and civilian prisoners-of-war who had to be repatriated from captivity in Jordan. All were compensated and helped to start new lives, within the limits of the slim capacities of the dirt-poor, newly born State of Israel. But there was no money-grubbing then.

If there has been money-grubbing today in the case of the Sinai settlers — and how else can one describe the payment of about \$16 billion (in February 1982 shekel values) to slightly more than 1,000 families and three lawyers' offices — three factors would seem to have made the crucial difference:

• Conscious and unconscious decisions on the part of the government to assuage its guilt over the shabby treatment accorded the settlers. This readiness to pay for the abdication of leadership was accompanied by normal governmental incompetence and confusion, magnified to unprecedented proportions;

• The fact that the Yamit area, alone among all the new target areas for pioneering settlement, also attracted a minority which was drawn by the idea of making money and making it quick, whether as exploiters of Beduin child labour on the farms or as monopolist businessmen in the boom town of Yamit. This minority proved to have an im-

portant influence on the other settlers in pressing exorbitant demands for compensation; demands that were often accompanied by threats of a recourse to violence;

• The unprecedented hiring of high-priced lawyers to represent the settlers for the purpose of running circles around the demoralized officials who represent their guilt-ridden political masters in the negotiations.

The negative public role played by the lawyers, who instructed their clients on how best to raid the public till was highlighted in the Knesset last week when Finance Minister Yoram Aridor, himself a lawyer, pointedly objected to a proposal to commend the lawyers for their aid in hammering out the final compensation law.

One of the few opposition amendments to the bill that was adopted by the Knesset in the early hours of the morning was one limiting the lawyers' fees to a maximum of 2 per cent of the final munificent settlement. According to earlier reports some of the lawyers' offices had hammered out agreements calling for fees of up to 7 per cent.

The growing role of exorbitantly paid private lawyers in the processes of government is a most worrisome trend — one that Israel has copied unthinkingly from the U.S. in the last decade. Justified concern was aroused in the early 1970s by the role they played in official commissions of inquiry, such as the one on Netivei Neft.

The penchant of ministers and other governmental agency heads to hire such lawyers — rather than using the government's own attorneys — at fees based on percentages of multi-million-dollar settlements should also have served as a warning.

The unedifying sight of last-minute haggling over every last shekel which these lawyers pressed on the Knesset Finance Committee that was preparing the compensation framework bill should be the final straw; it should set off a reappraisal of the connection between private lawyers and government processes. It is not yet too late to turn back the tide.

□ A return to *Oy Vekh Yudaism*: For close to 2,000 years of exile, during which Jews were nearly unique in their powerlessness, they developed the habit of collectively groaning *Oy Vekh* as an alternative to action after every national calamity.

The disdain for the Diaspora which early Zionist settlers inculcated into their children was a reflection of their determination to transform Jews into masters of their own collective fate.

One of the impressive achievements which followed the creation of the State of Israel was the psychological change which infused Jewish immigrants from the Diaspora with just such a sense of their own power and of a mastery over their own fate.

There has been a great deal of empty posturing among the chest-beaters, statement-issuers and threateners within the anti-withdrawal movement.

One of the dangers entailed in this posturing is the premium the anti-withdrawal leaders have put on the education of their naive young followers in a belief in miracles, the power of the word, and in the politics of unreason and unreality.

This penchant constitutes a dangerous retreat from the mixture of sweeping idealism laced with hard political realism which proved so effective in achieving the first stage of the Zionist goal of Jewish self-determination.

The anti-withdrawal movement postures and its peripheral supporters have been doing the country a grave disservice.

It is essential for people who are engaged in a protracted war of survival to emphasize unity and to maintain a high level of morale even in temporary adversity.

If this is too much to ask of the anti-withdrawal activists, it is the least one must expect from the government of the day.

## READERS' LETTERS

### "THE WHOLE TRUTH"

To the Editor of The Jerusalem Post: Sir, — Your Television by Philip Gillon is always good, but "The whole truth" of March 19 is superb.

Mr. Gillon possesses the rare ability of seeing politicians' actions for what they really are and then stating them for us (his very fortunate readers) in a language that we can understand and enjoy. In his column, "The whole truth," he demonstrated beautifully that digging half-a-century old graves will produce only some rattling skeletons.

Haifa.

T.S. BAKSHI

ing of Joab by David, allegedly for shedding the blood of Absalom: that looked like a cover-up if ever I saw one."

If Mr. Gillon would take the trouble to read the Book of Kings, Chapter II, he would discover that King David did not kill Joab — hastily or in any other way. He left death bed instructions to his son Solomon: "Do not let his grey hairs go down to the grave in peace."

Later on in the same chapter we read that Joab fled to the sanctuary but King Solomon ordered that he be killed.

Mr. Gillon seems to have turned his TV review column into a vehicle for making smart-aleck cracks about our prime minister, whose popularity increases in spite of derogatory remarks.

MENACHEM GOLDBERG  
Beersheba.

### STONE THROWING

To the Editor of The Jerusalem Post: Sir, — On March 28, a small article appeared on page 2 of your paper stating that ultra-Orthodox people had thrown rocks at passing cars.

How come Arabs who do the same are met by a hail of bullets from police, army and, worse, civilians. How come the law does not treat the same offence in the same manner? Is this the

"democracy" I've come to after escaping the "democracy" of South Africa?

CHARLES SOLOMON

Jerusalem.

### PENFRIENDS

CHARLES M. OUYA (26), of P.O.B. 50567, Nairobi, Kenya, would like to have Israeli penfriends. His hobbies are music, dancing and films.

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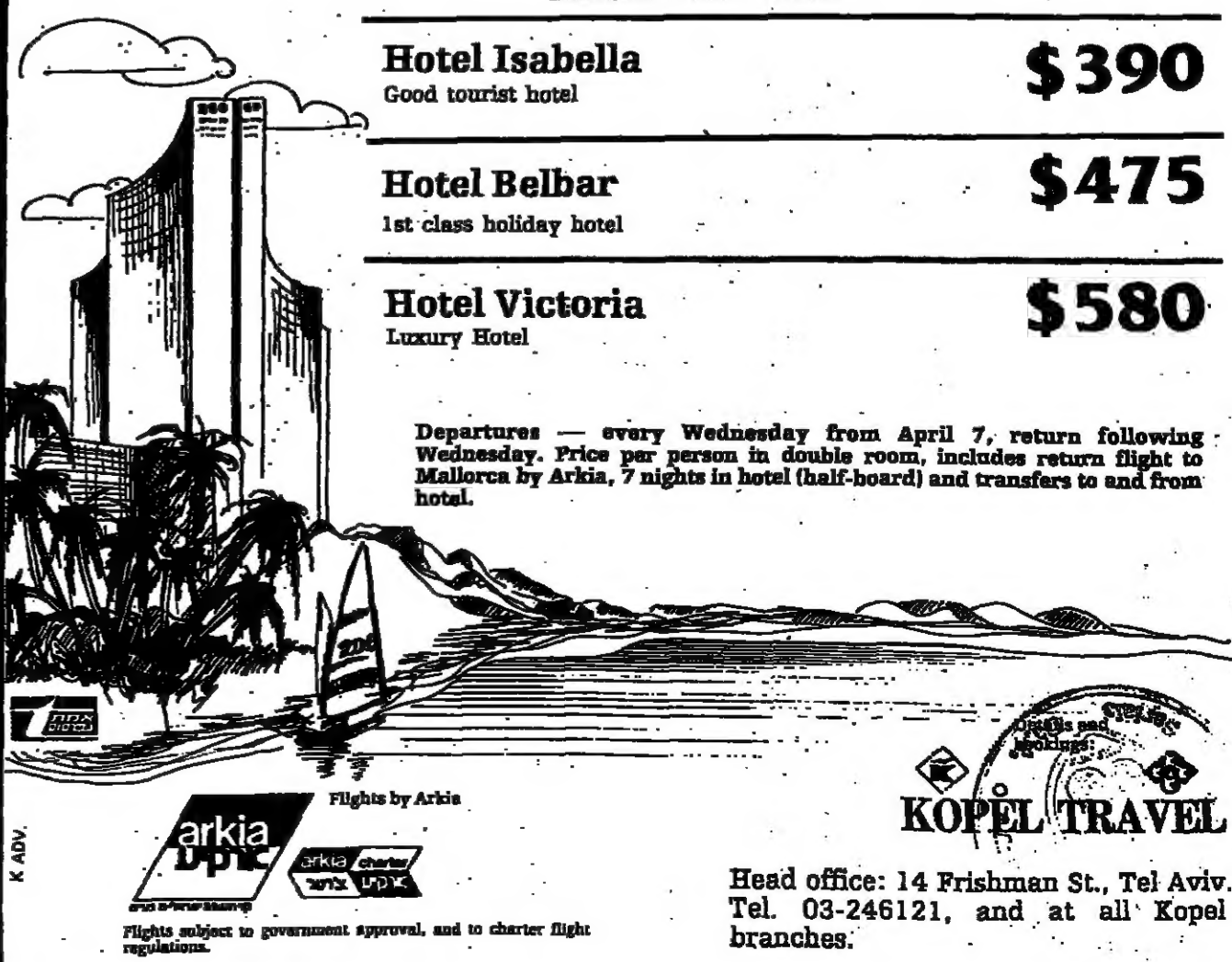
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